

A healthier perspective

## Guidelines for planning and design in a 4D healthcare system

Tina Nolan & Regina Kennedy



# Transcending place

Emerging technologies are broadening the scope of places where healthcare can be delivered.

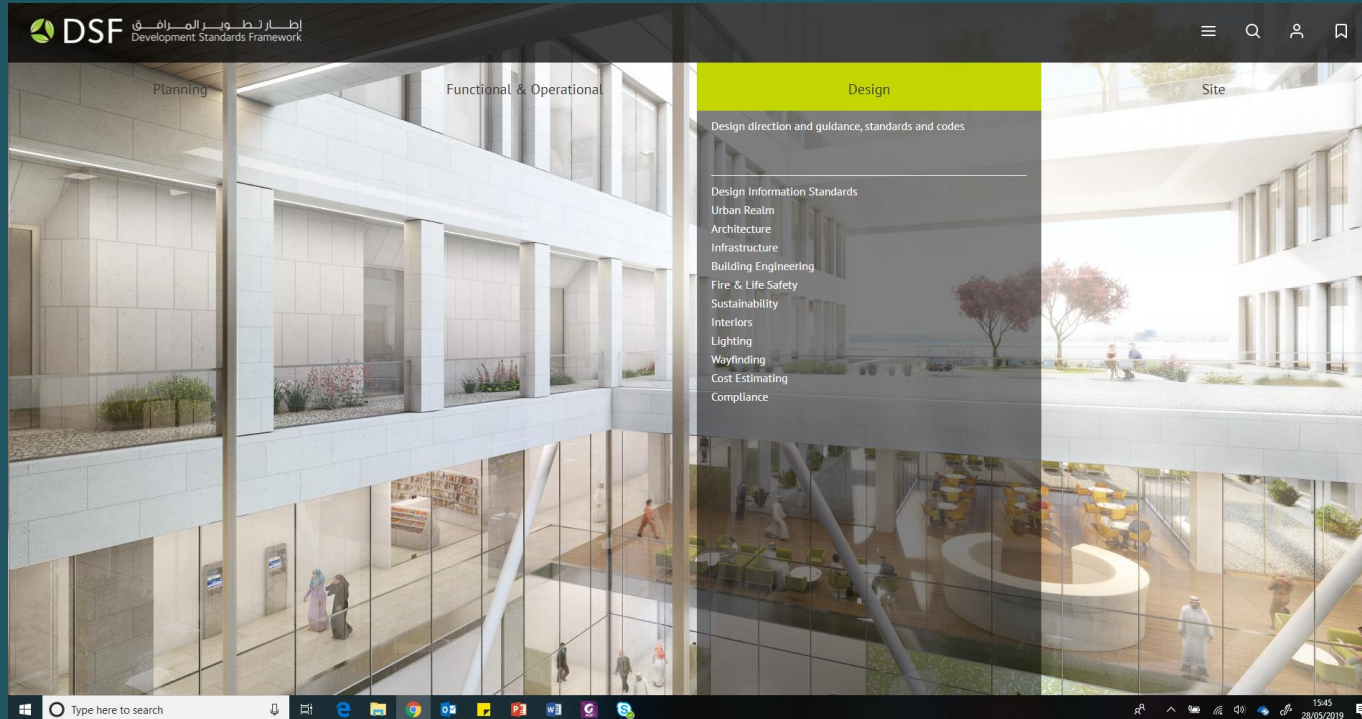
Processes are increasingly untethered: robotic surgery, electronic health records, teleconferencing and telemedicine are breaking down barriers, and reducing distances.

Today, particularly in specialist fields of medicine, health and care system integration already transcends place.



# Hamad Medical Corporation's DSF & Guys and St Thomas' AES

...helping to design our future



# Adaptable Estate Strategy

A different view of the business case process.

An advance procurement strategy for the business case process dichotomy of rigorous approach VS the reality of healthcare's rapidly changing needs.

And, an estate strategy for significant change every 30 years, optimising cost vs adaptability.

Med-Tech campus at St Thomas &  
Biomedical campus at Guy's:

- Masterplan & Development Control Plan
  - **Essentia**, ETL with
  - **BDP** and **Mott MacDonald**
- Adaptable Estate Strategy
  - **Essentia**, ETL with
  - **NBBJ** architects and **Mott MacDonald**





# Design Standards Framework



To drive quality and safety, as well as dynamism; to support the **best and safest** clinical practice, without locking ourselves into a rigid estate that wouldn't keep up with the pace of change and innovation.

To confidently work with contributors from many cultures, and dealing with diverse opinions.

Client: **HMC (Hamad Medical Corporation)**

Masterplan: **Allies and Morrison Health**

Architect: **Stantec**

Engineers: **Buro Happold**

Health Strategy & Planning: **ETL**

"If I had asked people what they wanted, they would have said faster horses."

- Henry Ford  
(...maybe)





# Future planning

- **Best practice and standards**

Building upon knowledge and experience

- **Incremental improvements**

Process improvement incl. people flows

Create new tools

- **Projections**

Based on the evidence, trends, and current data

- **Future-proofing**

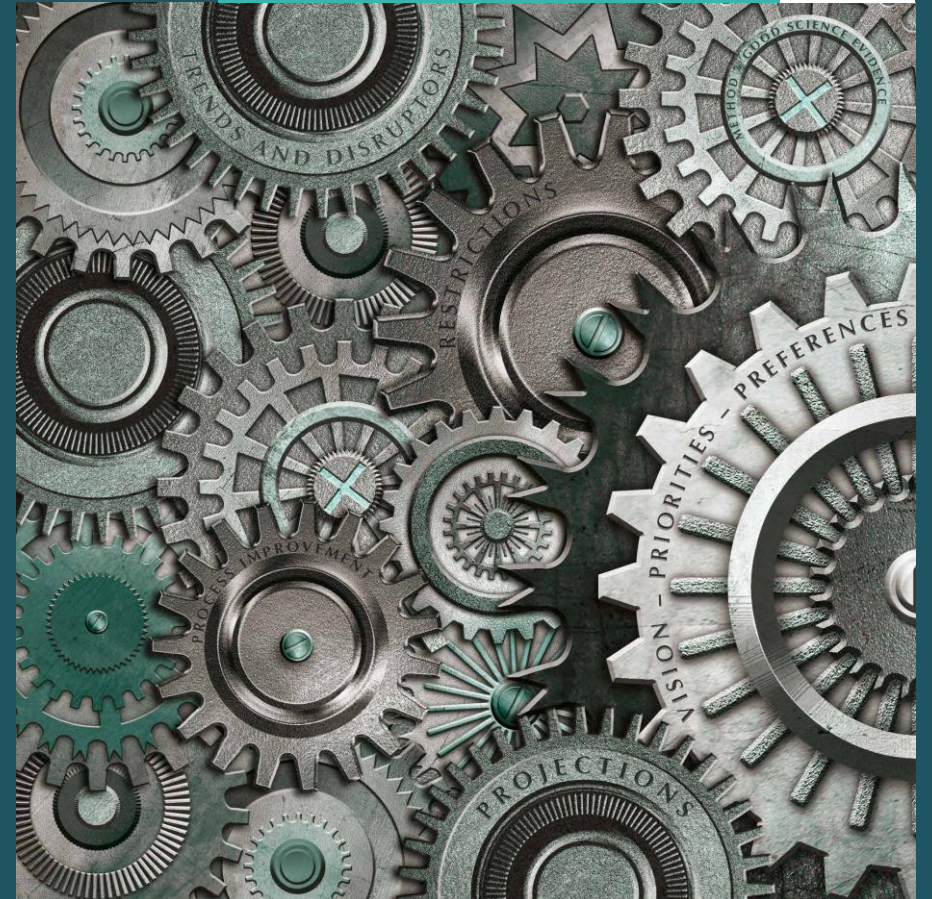
Strategic use of flexibility and adaptability

- **Self awareness and good methodology**

Adjust for biases, proactively detect risk

- **Vision**

The ideal, the inevitable, and their knock on effects.



# Whatever happened to post-project evaluation?

How might it be adopted in the digital age?



**Where is the evidence?**



## HMC

**Support the vision for expansion  
and service reconfiguration**

Quality assurance i.e. best care,  
great environments  
Rationalise FM  
Improve safety

**DSF**  
*versus*  
**AES**  
approaches

## HMC

National construction standards, plus adopted  
(borrowed and adapted) Healthcare standards

**Our brief**

Campus masterplans  
live, city centre sites

## GSTT

**Support a transformative vision**

Agile procurement and resilience

## GSTT

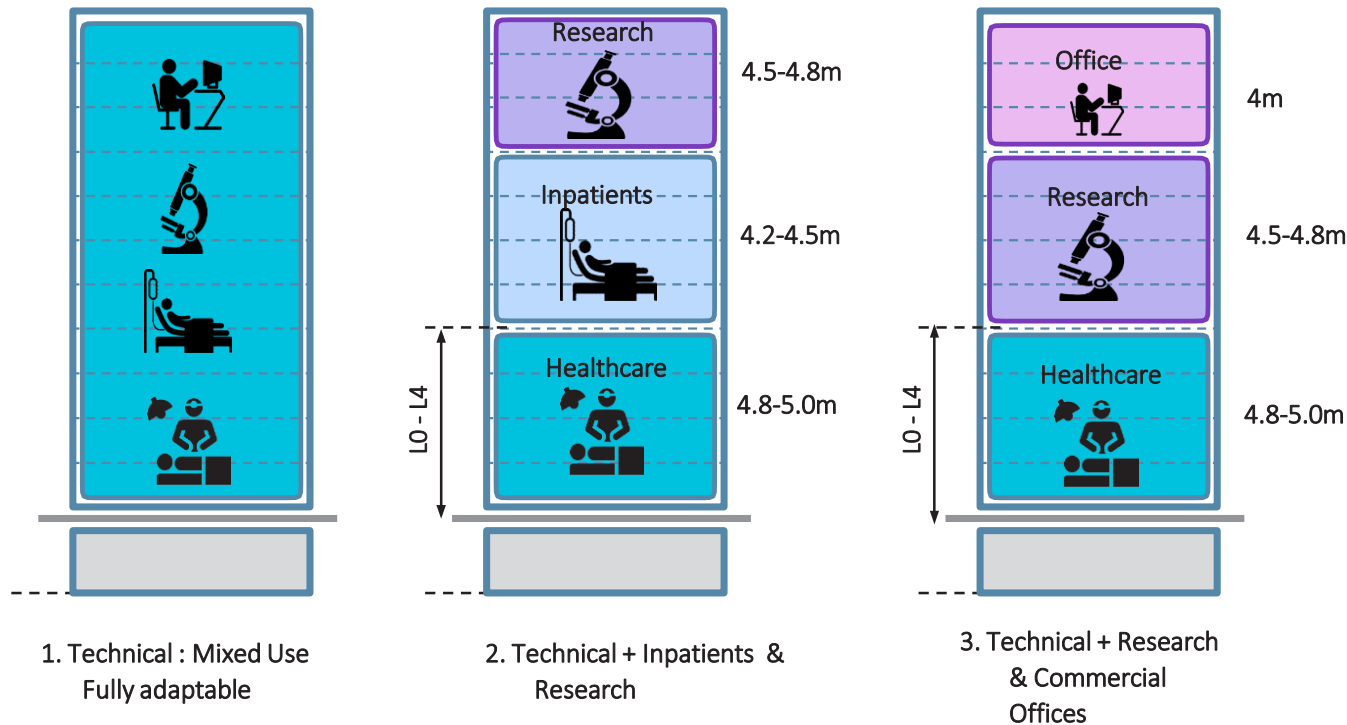
HBNs, HTMs, ETL own  
standards,  
+ UK building regs.  
standards -BS, EN, etc.

**the  
backdrop**

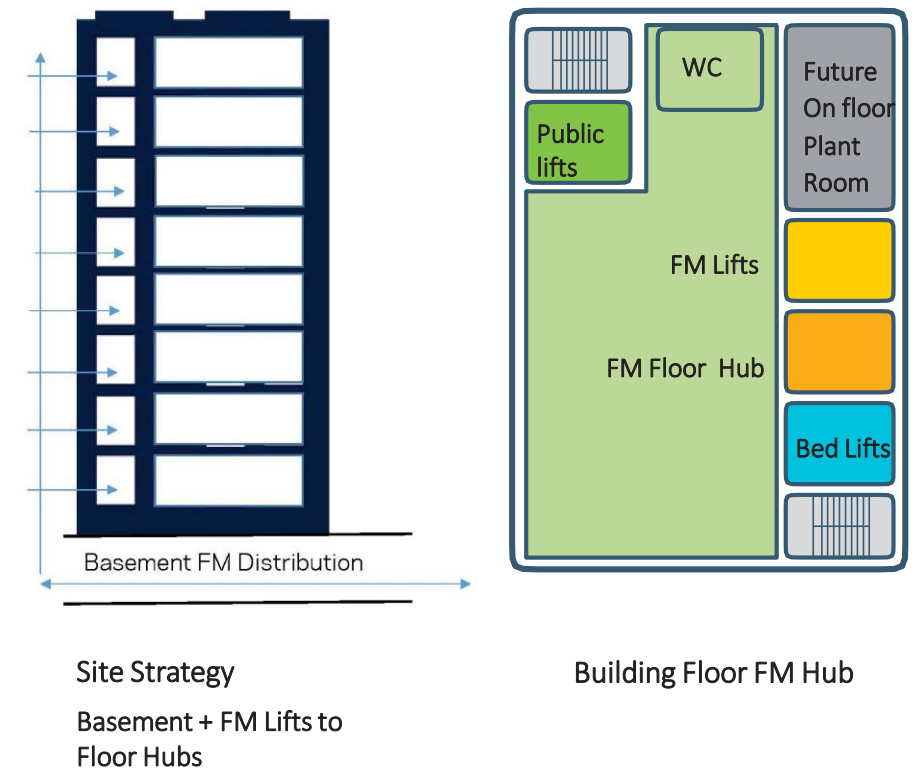
# AES: The Adaptable Approach

## Floor Height: Degrees of Adaptability

The vertical zoning principle locates highly service technical areas on Levels 0-4 with reduced heights to the less serviced areas on the upper levels.



NBBJ architects' section diagrams illustrating different use typology and floor height requirements



NBBJ architects' section and plan diagrams illustrating services strategy for adaptability

## AES

A futureproofed  
asset base

## AES

A pattern book for an  
adaptable estate,  
master plan overlay

**Framework +  
module  
approach**

**Live**

## DSF

A framework for  
a live set of  
standards and  
guidance  
documents

## DSF

Web-based searchable  
standards and exemplars,  
clinical and facility  
strategies,  
+ multidiscipline  
site master plan

change-ready  
Supportive  
Resilient

Planning

Functional & Operational

Design

Site

Design direction and guidance, standards and codes

Design Information Standards

Urban Realm

Architecture

Infrastructure

Building Engineering

Fire & Life Safety

Sustainability

Interiors

Lighting

Wayfinding

Cost Estimating

Compliance

If you'd like see more of the website, just ask.  
Regina will show it to you on her laptop.



# Modular SoAs, Flow diagrams, Stacking

6.1 Clinical practice module

إطار تنظيم المرافق

25 July 2023

DSF

Development Standards Framework

Bookmarks

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Clinical

Functional Requirements

SOA (Schedule of Accommodation)

Clinical Facilities

Outpatient/Ambulatory Services

This schedule of accommodation (SOA) is for a module within an outpatient area which will be sized according to project-specific requirements.

Each clinical practice module (CPM) includes a functional content (FC) of:

- two counseling rooms,
- twenty-four consult exam rooms,
- two treatment rooms.

Modules may, as a design solution, be arranged as a few pods of consult/exam rooms jointly supported by the indicated treatment rooms.

Schedule of accommodation: outpatients, clinical practice module

Expand all

	Net sqm	Gross	DGSM	
Total: CPM	985	45%	1,428	

Room names	Quantity	Net sqm	Total net sqm	See notes
Reception and waiting				▼
Patient zone (FC 28)				▼
Staff zone				▼
Staff zone: shared				▼
Facilities management				▼

Reception

Clinic Modules

Plant

Reception

Clinic Modules

Offices

Cafe

Shell

Administration

Link to ASC

Imaging & Diagnostics

Link to ASC

Public Lobby

Cafe

Imaging & Diagnostics

Public

Building Support

Clinical Support

Logistics

Plant

Parking

Parking

Parking

Parking











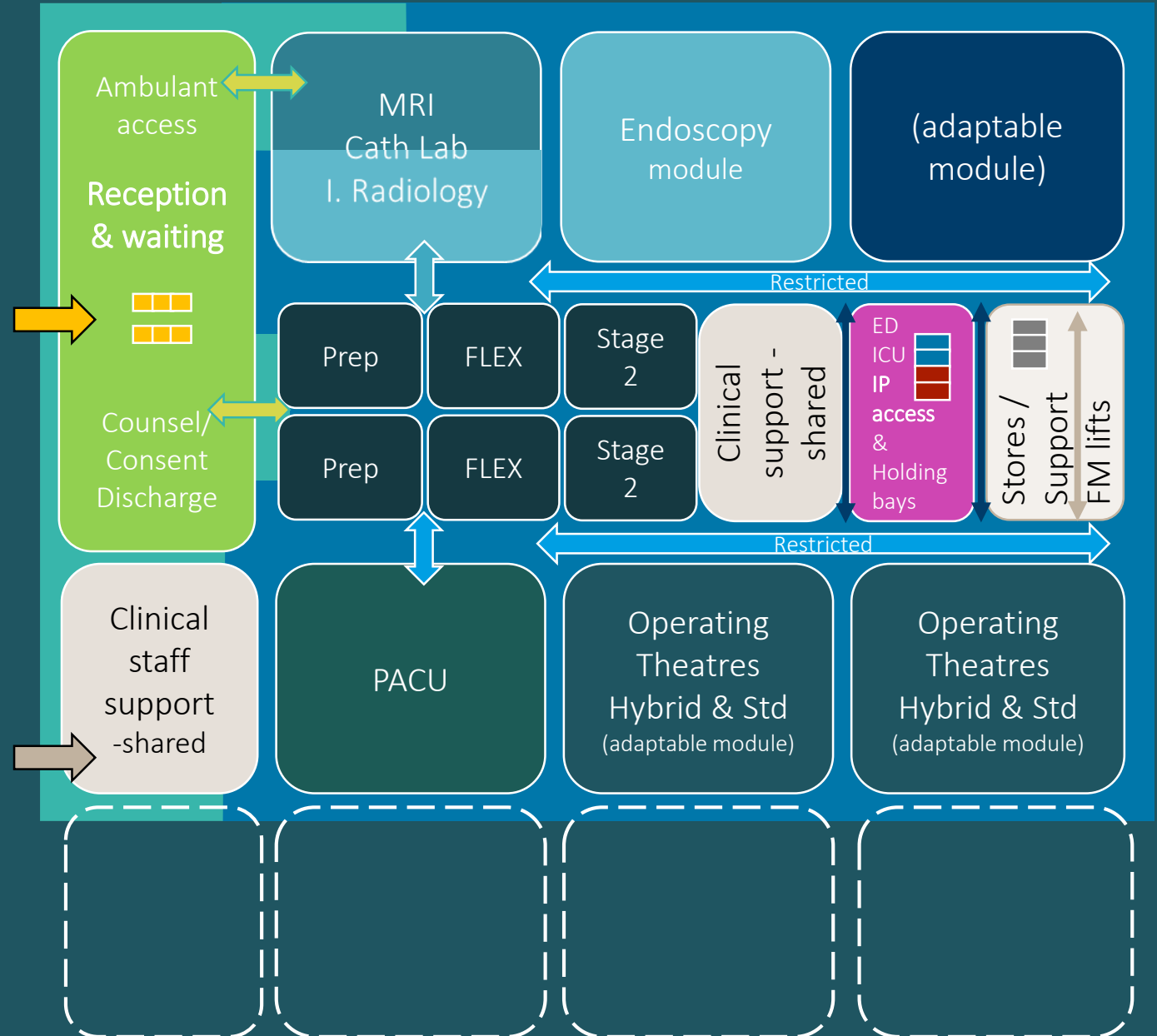
Notes

# Adaptable, expandable platforms

Sample diagrammatic layout  
(not from DSF)

## Legend

-  Public zone lifts
-  Clinical lifts
-  Priority/ E.D. lifts
-  Logistical support lifts
-  Controlled circulation/ FM zone
-  Ambulant patient access
-  Controlled access/ theatre zone
-  Public access



# A vetted, evidence based reference

Example:

DSF standard patient rooms

A reference design resulting from extensive stakeholder workshops as well as a study of the evidence. Includes detailed RDS.

'Pre approved' elements speed up the approvals process.



Design: Stantec

# DSF, AES similarities

Strategy & Framework guide future development

Frame permits local unit updates without harm to the whole

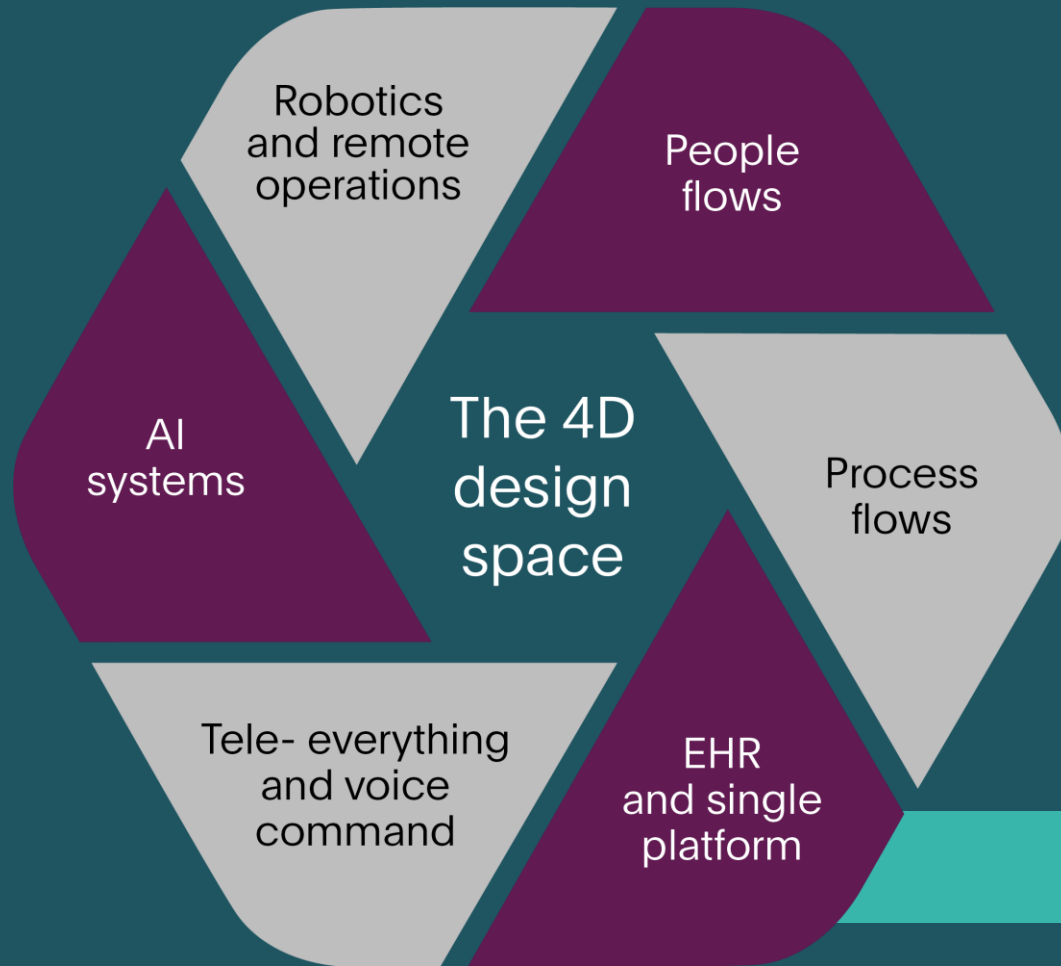
Focus on rationalisation: evidence-based, benchmarked standards

Focus on efficient procurement & high quality clinical environments

Support future development with accessible guidance

Strong strategy makes room for future innovation





# Planning for technology enabled transformation

Virtual flows described in clinical and support strategy for every service.

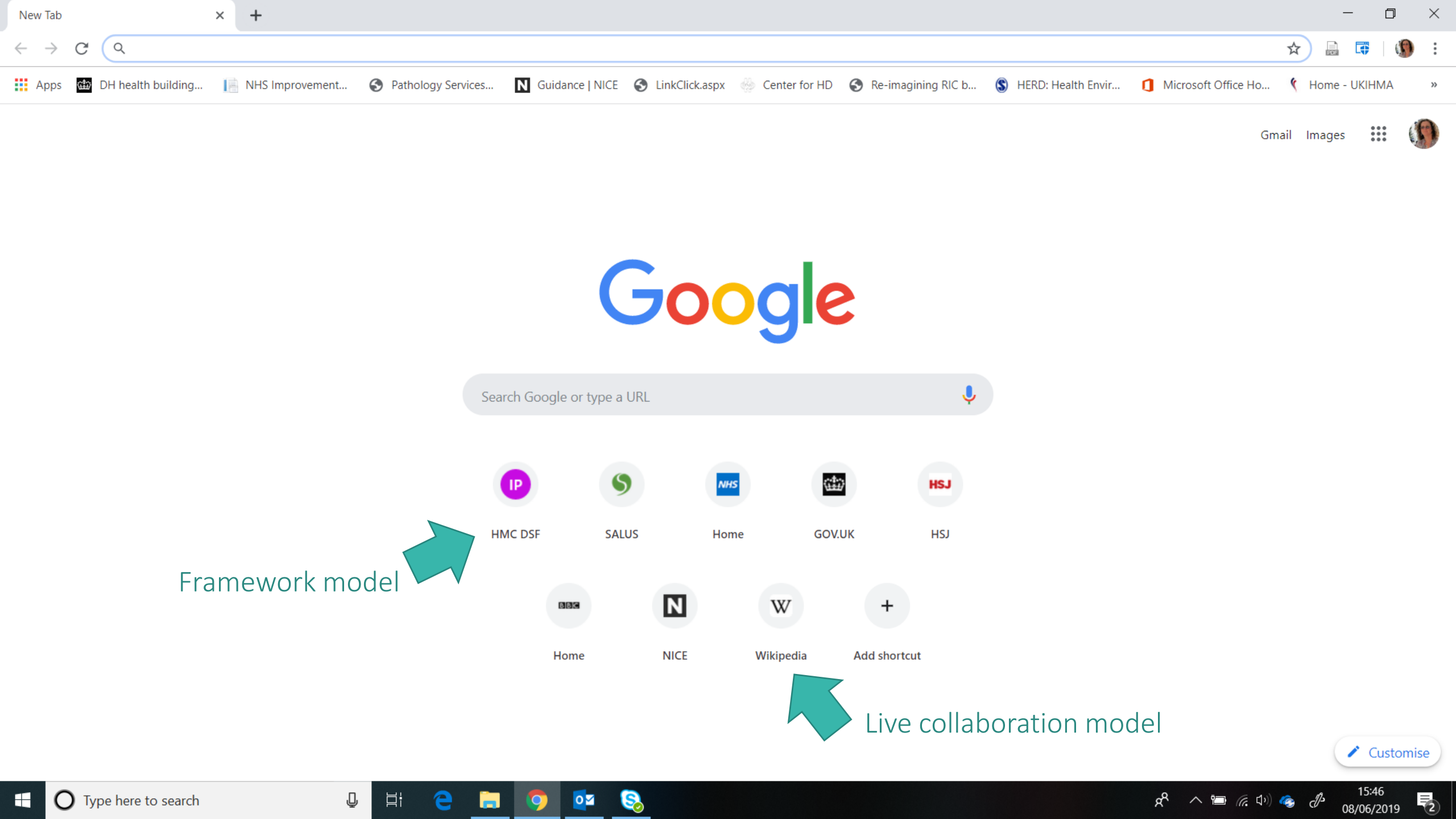
# What's the next step?

What's the most practical way to get answers that are

- ✓ relevant,
- ✓ user-friendly, easily searched,
- ✓ and up-to-date

....but reliable





Framework model

Live collaboration model



A healthier perspective

# Thank you

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