

### **MICHIGAN MEDICINE** UNIVERSITY OF MICHIGAN

### Emergency Critical Care Center: A Lean Journey

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### Lean Thinking - Things that Matter

- Customer 1st
- People are the most important resource
- Shop floor focus (Go and See)
- Kaizen is a way of life



# Key LEAN Tools

• A3 Thinking

• Go and See

• Rapid Improvement Events (Kaizen)



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# **BACKGROUND/PROBLEM**



### Defining the problem is CRITICAL

- Why is this important?
- Why now?



### Create a Clear, Concise Problem Statement

"Improve access to timely critical care by enhancing the capacity and capability to deliver high quality critical care in the Adult Emergency Department at the University of Michigan."









### Background

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- High intiffy, is the besting second party in the United States.
- Proceeding to Encountry Superframely in presenting to Encountry Superframely in Incompling of an electrony rate.
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### **Michigan Medicine**





### UMHS Admission Streams: ED = Front Door





### An Alarming National Trend

#### ICU admissions from the ED have DOUBLED over the last decade

- Admissions from the ED: 1.2  $\rightarrow$  2.2 million from 2001-2009
- Admission rate from the ED: 0.9%  $\rightarrow$  1.6%

1/3 of all ICU admissions spend >6hrs in the ED





### Acute Critical Care is time-sensitive



The effectiveness of critical care for acute illness and injury is time-sensitive with therapeutic windows ranging from minutes to hours.



The FIRST 6 HOURS Most rapid change in physiology



### **ED-ICU Interface**

Time 0 to 24 hr		
ED Location		ICU Location
ED Team	No Man's Land?	ICU Team

### Critical Care Needs Being Addressed?



### **Current State/Analysis**









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#### Department of Emergency Medicine

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### Current Situation – Where are we now?

#### Current Situation (Where are we now?)

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- AD Hour admissions transfer to KDL 5 24 loss. \* 200/yr.
- El critical care defenty regatively impacts throughout, quelly and orbits for general ID patient providelies in content visualizes.
- 4 Coordination of patient care balances (C) and (Coritituboptimal, which impacts quality and advice





### Current state 2012 – ICU Admissions







Summary to date (where we were in 2012)

- Increasing ED visits
- Increasing ICU demand (ED and transfers)
- Increasing ED LOS for our ICU patients
- Outcomes?





### Future State/Goals





### A3





### Future State

#### Future State (What are the proposed countermeasures?)

Create the infrastructure and systems necessary to provide time sensitive diagnosis, treatment and monitoring of critically ill and injured patients presenting to UH Adult ED.

- EM Division of Critical Care, Division Chief, and EC3 Medical Director
- Establish an ED Critical Care Center by renovation of 6000 sq. ft. currently occupied by ED Resuscitation, ED North (old CES)
- 34/7 EC3 attending staffing: EM Faculty with EM/CC board certification or additional training/credentialing. Staffing will require 7 full-time faculty
- ED Critical Care Nursing Services / Nurse Internship
- Shared ED Critical Care fellowship programs (Pulmonary/Critical Care and Anesthesiology/Ortical Care) EC3 Capacity Addumptions:
- Max patients per day =15. 15x 365 = 5475 pt/yr. LOS "12 hours. Beds=9 -
- Forecast EC3 patients: Carrent activity = 1696 pt/yr. (51% occ) 5 yr goal = 5130 (93% occ). -
- impact on inpatient capacity mitigated by initiatives to develop alternatives to admission for general ED patients



Emergency Critical Care center Activity Projections

Project Cost : \$7 mil (\$3.5 construction, \$3.5 capital equipment) NPV range: (59) to 53 mil (calculated on incremental activity only)



# Paradigm Shift





# Apply LEAN principles to problem identification and solution







# Lean Facility Design

- Engage frontline workers to create optimal workflows and eliminate waste
- Architects and designers transform process maps into a design
- Focus on removing physical barriers from the workflows
- Paradigm shift of architects from project leads to team member and facilitators



# Lean Patient Flow Transformation

- Purpose fix patients' problems definitively
- Process fundamentally redesign the processes (not just tightening up the old way)
- People a true multidisciplinary team



# Queueing Model

- Assumptions:
  - Current volume
  - EC3 LOS 12 hrs
  - 50% of patients treated in resuscitation bays would pass through EC3
  - 10-20% of patients would no longer need ICU
- Model Output:
  - Require 5 resuscitation bays and 7 EC3 rooms



### **Growth Projection**





### **Proposed Future State**







# Creating a Multidisciplinary Team







### Many team meetings 2 years prior





# Key LEAN Tools

• A3 Thinking

Go and See

• Rapid Improvement Events (Kaizen)



### Roadtrips





### **SCHEMATIC DESIGN**










### EC3 v1.0





# Full Scale Mock-up



## **Utilize Actual Equipment**



# **Multidisciplinary Teams**



# Multidisciplinary Teams



### Egress



## **Immovable Barriers**



### Idea Boards



### Idea Boards

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COMMENTS.

# Mock up Lessons Learned

- This is a really good idea
- No precedent at MM
- Empowering/Inclusive/Unifying
- Significant design changes BEFORE construction
  - No significant change orders
  - Under budget
  - Ahead of schedule









# Bring in the Muscle... September 2014







## **Implementation Plan**







#### **Emergency Critical Care center**



Reduced front to its intervales within (8 monits of 10 administration)

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### **Department of Emergency Medicine**



Increased units are following training

### Joyce and Don Massey Family Foundation Emergency Critical Care Center (EC3)

### Boyce and Don Massey Family Foundation Emergency Critical Care Center

### Grand opening February 16, 2015



# **LEAN DESIGN FEATURES**



### Before – 3 bed Resuscitation Bay



- Cold, CAT scan in zone
- No crowd control
- Patients and families not in ideal environment at their greatest time of need.



### **Old Resus Bay**



Cluttered, old, poorly designed boom systems.

ER flea market with tons of equipment pushed to the back. Can't find anything quickly





Multiple Video Displays

> Direct Access to EC3

Cameras for QA and Teaching

3333

Dedicated Physician Order Entry

Dedicated Nurse Charting Station

Power, Data and Gas -360°

Ability to care for multiple patients

1000

In-situ teaching technology

a lines



Transaction Height Counters Keep Carts out of Corridor





### Open Line of Sight Across Unit











# EARLY RESULTS AND TARGET METRICS




# Summary/Conclusion

- Improve access to timely critical care by enhancing the capacity and capability to deliver high quality critical care in the Adult Emergency Department at the University of Michigan.
- In reality, the model has completely changed the ED & ICU healthcare delivery paradigm

## Thank you



Emergency Critical Care Center

#### Questions?









### RAPID IMPROVEMENT EVENTS (KAIZEN)

### **Excess Equipment**





## **Procedural Line Carts**





### New Line Cart





### Airway cart redesign





## Airway cart redesign





## Applied **Principles**





#### **Content Title**

- Add content here
- Add content here
- Add content here





#### ED:EC3:Floor v. Pre-EC3 Baseline



LOS (days)



#### Current State - Adult Emergency Services FY12

- Patient mix
- Current volume
- Admit rate
- ICU admit rate
- Transfers from outside ED
- Transfers declined
- LWBS Rate
- Volume projections
- ICU admits w/LOS < 24 hrs
- Floor to ICU Txfr < 24 hrs

Tertiary/quaternary care 67,014/year 35.4% 10% of admissions 3440/year ~300/month 750/year (25% ICU level) 3% 3-4% overall, 10% critical care ~440/yr ~200/yr



## Time in ED waiting for ICU bed...

**Odds Ratio for death** 5 > 5 hr 4 3 > 12 hr > 6 hr 2 > 4 hr > 6 hr 1 0

Reference Chalfin 2007 Rincon 2010 Singer 2011 Hung 2014 Cha 2015



## **Results: EC3 Operational Characteristics**

- Average 7 patients per day
- Median EC3 LOS ICU admit = 7.2 hr
- Median EC3 LOS Non-ICU admit = 12 hr

EC3 Pathway		
Multiple per patient possible	Count	%
BiPap/Intubation/Vent	595	11.5%
DKA	276	5.3%
End of Life	61	1.2%
GI Bleed	421	8.1%
Post Cardiac Arrest	84	1.6%
Sepsis	794	15.4%
Shortness of Breath	514	9.9%
Status Epilepticus	57	1.1%
Subarachnoid Hemorrhage	133	2.6%
Undifferentiated	2,546	49.2%
Unknown	391	7.6%

EC3 Disposition by Type 2/16/2015 - 2/28/2017 n=5,170





#### **Results: ED Visits and Admissions**

	Pre-EC3 (744d)	Post-EC3 (744d)	Relative Change
<b>Overall ED Visits</b>	147,030	157,190	6.9%
Hospital Admissions	51,451	55,912	8.7%
ICU Admissions	3,742	3,279	-12.4%





## EC3 Associated with Decreased ICU Admission Rate from ED

	Total ED Visits	ICU Admission	ICU Admission Rate	95% CI
Pre-EC3	147,030	3,742	2.54%	2.4-2.6%
Post-EC3	157,190	3,279	2.08%	2.0-2.2%

Relative Risk Reduction = **18%** [95%CI:11-23%] Number Needed To Treat = **218** [95%CI:174-361]



EC3 Not Associated with Increased Transfers to ICU within 24 hours of General Ward Admission

	Total Admissions	Transfer to ICU ≤ 24 hrs after admit to ward	Rate
Pre-EC3	51,451	377	0.8%
Post-EC3	55,912	400	0.8%



EC3 Not Associated with Increased Short Term (≤ 48 hrs) Mortality

	Total ED Admissions	Death ≤ 48 hrs after admission	Mortality Rate
Pre-EC3	51,451	280	0.54%
Post-EC3	55,912	281	0.50%



## ICU Bed Days Saved

Minimum ICU Bed Days Saved <sup>1</sup>	1,188
Average per Month <sup>2</sup>	51.4
Average per Day <sup>2</sup>	1.7
Median ICU Bed Days Saved	3,326
Average per Month <sup>2</sup>	143.3
Average per Day <sup>2</sup>	4.7



## Reduction in "Short Stay" ICU Admissions





# **Reducing Medical ICU Admissions**





## **Disease Specific Order Sets**



\* Date orderset started



## **Disease Specific Order Sets**





### Length of Stay & Cost Analysis





## Length of Stay

#### **Median Hospital LOS**

	Pre EC3	Post EC3
ED to MICU	6.00	
ED to EC3 to MICU		7.00
ED to EC3 to Floor		4.00

#### **Median ICU LOS**

	Pre EC3	Post EC3
ED to MICU	2.00	
ED to EC3 to MICU		3.00





#### **Cost Components**



#### **EC3 Cost Comparison**

**EC3 Cost Comparison** 





## An Opportunity

WARD $\rightarrow$ ICU transfer is also associated with increased mortality



- 4x longer to get to ICU

- O.R. Death 3.07

**Department of Emergency Medicine** 

Molina 2014



#### **Incremental FTEs**

• 7.5 Attending FTEs

• 7 PA FTEs

• 40 Nursing FTEs

• Dedicated RT



### **ED-ICU** interface

 Transition zone between acute resuscitation and ongoing critical care delivery

Needs-based treatment vs geography
– Right Care Right Now

Time sensitive, not time limited



#### Scope



### Perspective...



## Roadmap

- Internal audit Needs based assessment of current state
- Critical Care Assessment
  - Siloed
  - Specific space for specialized care
- Emergency Medicine Assessment
  - Emergency Critical Care emerging specialty (care/education/research)
  - Current staffing model
  - Current physical plant


# **Staffing Model**





# **Implementation Plan**

#### ementation Plan (What activities will be required and who will be responsible for what and when?) Greens - complete Orange - ang stableh division of timergency critical Care in the dept. of timergency Medicine Recruit Division Chief dual-boarded in Emergency Medicine and Critical Care Establish scope of practice for EM Critical Care Service in the ECB traffing model for marking, physician, anothery services. Develop patient care protocols for timespency Ortical Care bish timelow to recruitment, here, training far 10 critical care narong once condition to write established Establish training lowdentialing plan for 60 faculty/Vellows/Nersing datable collaborative research agond IIOI cost/revenue analysis (pro and facility) ECI Phases Daning 3/16/2015 INTIAL space/equipment analysic Final cost 51% ELL Pully Operational 515 (2011) Pinalize design plan Finalize-monitoring, equipment, if requirements het projected date to become operational

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# EC3: Logistics and Patient Flow





# Ribbon Cutting – Feb 2015



# **Eight Wastes of Healthcare**

- Defects
   Transporting
- Overproduction
   Inventory
- Waiting
  Motion
- Excess Processing Not Using Talent

Grunden and Hagood. Lean-Led Hospital Design. CRC Press; 2012: 13-14



# Cost Impact of LEAN



Returns



### Intensity of ED Services Increasing



Source: The Moran Company, Trends in the Provision of Emergency Department Evaluation and Management Services, January 2013.



# **Collaborative Model**

- CC advisory group formed in 2012
  - Medical directors and unit representatives from all inpatient adult ICUs
- Agreed upon basic treatment protocol/strategy for most common admissions
  - Sepsis
  - Cardiac arrest
  - Respiratory Failure
  - GI Bleed
  - Anticoagulation reversal
  - SAH



# Outline

- Introduction to Michigan Medicine
- Define LEAN
- LEAN Tools
- Pressures Affecting Emergency Care
- Demonstrative Case Presentation
- Summary/Wrap-Up



# People

- Engage all workers
  - Frontline, Middle Management, Admin Leadership
  - All Job Families Affecting Patient Experience
- Empowers
- Fosters Teamwork Across Job Families
- Frequently Uncover Larger Systems Issues
- Leaders' primary job is to grow more leaders



# **Emergency Care System Stressors**

### <u>Quality</u>

- Value not Volume
- Hospital Acquired Infections
- Medical Errors

### <u>Flow</u>

- Increasing Volumes
- Sicker Patients
- Lack of PCP Access

### **Financial**

- Rising Costs
- Decreasing Reimbursement
- Capitated Payments
- Accountable Care
- Repurposing Existing Space





#### Physical Space Insufficient to Meet Current & Forecasted Demand





# Full Scale Mock-up



Please write your suggestions on Shert in each room or email

# **Multidisciplinary Teams**



# Health System Strategic Plan

- Execution of the UMHS Strategic Plan to double adult high complexity market share (from 6%- to 12%) will amplify the demand for emergency critical care in our system
- •The emergency care system, in it's current structure, is not prepared to respond to these challenges.





# Roadtrips

# Herman Miller



# SPECTRUM HEALTH



Hill-Rom.

















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Centralized, commonly used items



# Michigan Medicine - Facts & Figures

### Patient Care Activity FY 2016

Patient Clinic Visits	2,320,254	
Observation Cases	17,827	
Hospital Discharges	48,793	
Surgical Cases	54,342	
Survival Flight Missions	1,227	
Emergency Dept. Visits	104,219	







# **Golden Tickets**





# Lessons Learned





# Storage Space/Technology



# Full Scale Mock-up



# Value Stream Mapping











Fiberoptic video image can be displayed on multiple HD screens around RESUS bay





