# Daylighting in Practice:

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# Within Surgical Environments

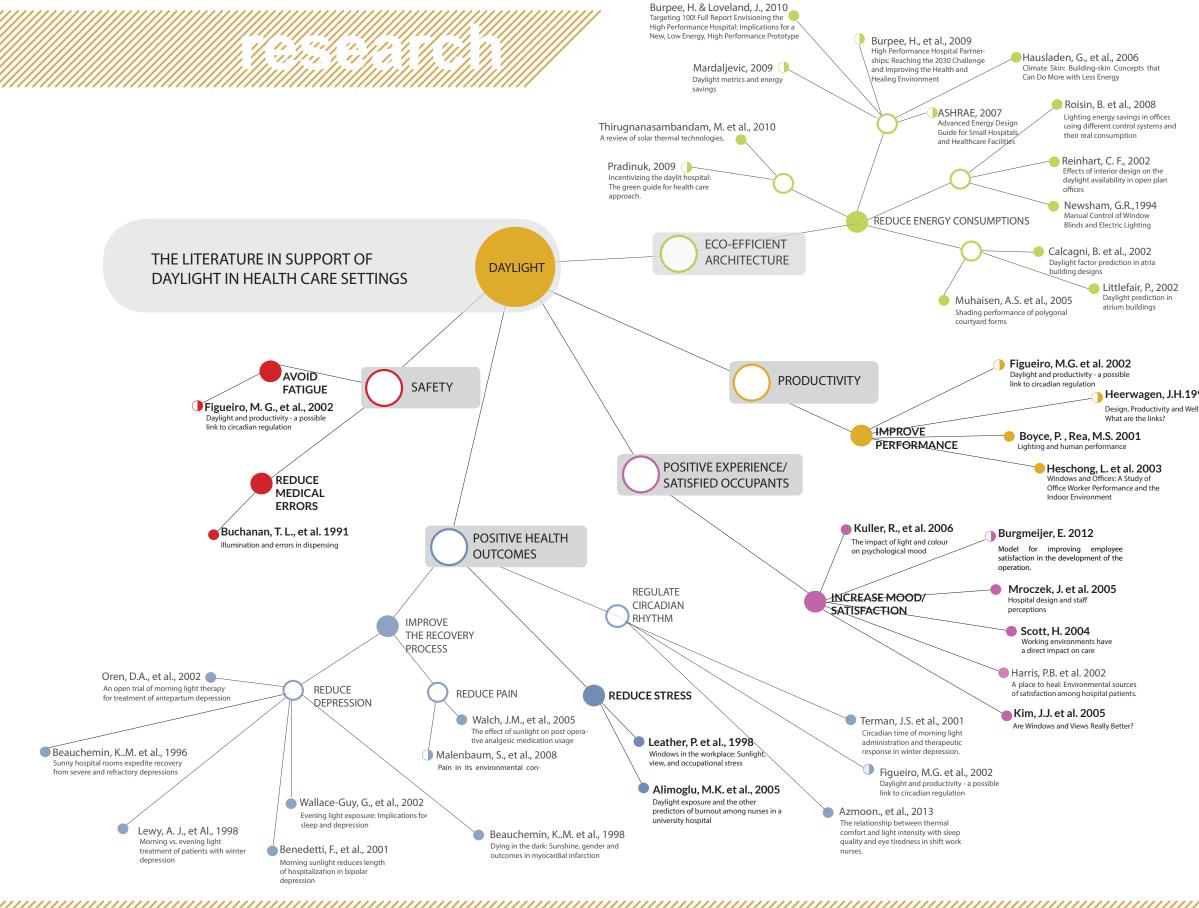
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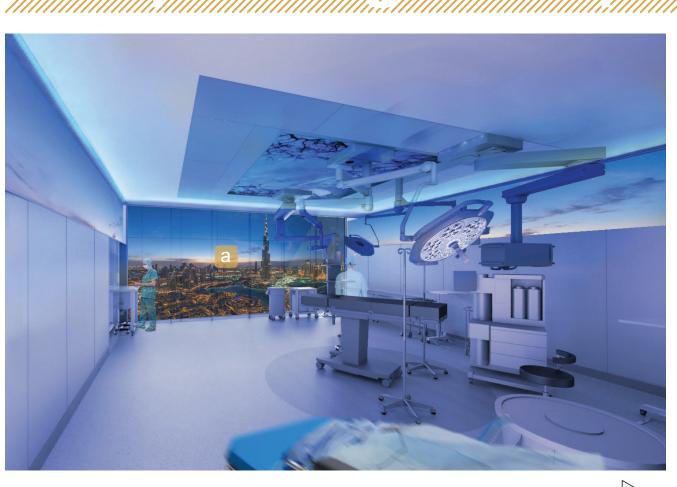
## Abstract

Increasingly, research indicates that access to daylight and connections to the outside can improve health outcomes for patients, and health status for healthcare staff. Conversely the lack of access to adequate daylight can potentially have a negative impact in both populations. Literature and research studies to date suggest that positive impacts in healthcare environments overall include improved productivity, reduced task errors and fatigue, improved mood and satisfaction, stress reduction, reduced need for pain medication in patients and overall improved energy efficiency.

There is little evidence to date that is specifically focused on surgical environments or operating rooms. It can however be inferred from research in other healthcare settings that the greatest potential positive impact of controlled daylight in surgical environments would be in improving task performance, reducing fatique, stress and task errors among staff. As surgical procedures become increasingly minimally invasive, and anesthesia protocols evolve over the life of operating rooms being built today, there is also the potential that patients will be more alert, at least at some point, in the surgical process within the OR. If so, the direct impact of daylight and views has the potential to include stress and pain reduction, and improved satisfaction for patients.

This poster demonstrates that modern layouts of surgical departments, enabling access to daylight and views to the outside, can be functionally efficient, without compromising patient safety, internal flow or increased travel distances. In contrast, limitations of daylighting within surgical environments (some procedures require specific lighting), as well as strategies to control daylight to prevent glare and unwanted heat gain, will be displayed. From case studies of several hospitals in Germany and the US, attendees will see best practices of surgical departments and ORs with connections to the outside.





direct

exterior window wall with access to daylight and views to the outside or its virtual representa-

Clemson University and Medical University of SC RIPCHD.OR Operating Room Prototype

The Clemson OR Prototype Project is part of an ongoing Realizing Improved Patient Care through Human-CenteredDesign [RICHRD.OR] AHRQ funded multiyear research effort that includes the design, fabrication and testing of a full-scale operating room mock-up. This mock-up and its design features are serving as a test prototype for an optimal, adaptable and flexible ambulatory surgery OR "platform" or "chassis." It was executed as part of an interdisciplinary researchdesign-research-redesign project involving architecture and health students and faculty in collaboration and consultation with researchers, clinicians, consultants, practicing architects and industry collaborators. The project built upon prior research knowledge, observations of surgical procedures and best practices to address and advance current design concepts for the Operating Room. The intent was to integrate both the art and science of healthcare architecture, and demonstrate that interdisciplinary design built upon a rigorous and systematic research study of issues, problems, opportunities and constraints can raise the quality, safety, efficiency and adaptability of design in healthcare contexts while addressing a broad range of patient, staff and family needs. Design features included the introduction of a window wall that could be either real, virtual or both which could transform as needed for both patient and clinical staff needs.

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b horizontal louvers are

sunlight

integrated into a double

skin facade to block the



a condensation is

heating

controlled by low

U-levels and floor

blinds are used to block d within the surgical depart-

the daylight, if needed

of 10 procedures.

No blinds are used in 9

ment: 3 ORs are facing west

2 ORs are facing north and

5 don't have direct daylight





indirect

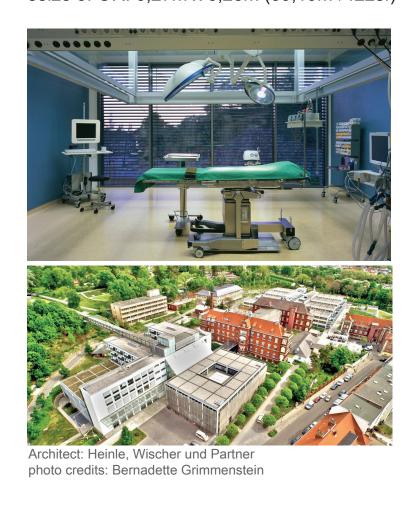


Palomar Medical Center West, CA (USA)

O completed: 2012



→ Hospital Brandenburg (SKB) (Germany) completed: 2003 number of beds: 336 (ratio bed/OR 34:1) number of ORs: 10 seize of OR: 6,27m x 6,25m (39,19m<sup>2</sup>/422sf)



University Hospital Duesseldorf (Germany) **completed**: 2012 number of beds: 328 (ratio bed/OR 41:1) number of ORs: 8 seize of OR: 6,25m x 7,78m (48,63m<sup>2</sup>/523sf)





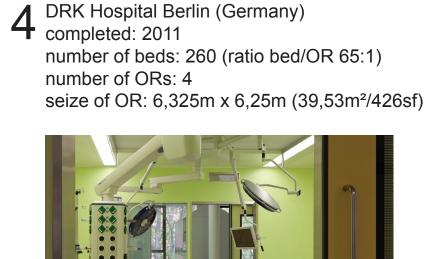
e dimension of the OR:

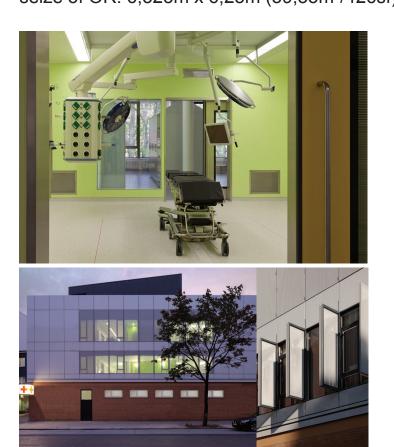
6,27m x 6,25m

(39,19m<sup>2</sup>/422sf)



4 | shading/blinds





Architect: Heinle, Wischer und Partner

\* no blinds are used in 9 of 10 procedures

Blackout blinds are always used during:

endoscopic surgery

a fluoroscopy procedure

procedures using UV-light

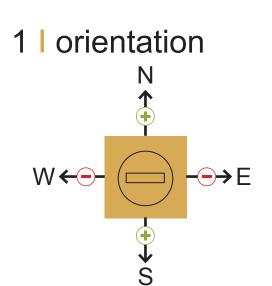
ocular surgery

performed in the daylight ORs (case study of SKB)

photo credits: Matthias Könsgen



C UCLA Outpatient Surgery&Oncology Center (USA) O completed: 2013 number of beds: 0 (outpatient) number of ORs: 8 seize of OR: 6,02m x 7,04m (42,38m²/ 400sf) Net to gross ratio: 1,57



To minimize distraction, glare or heat gain due to shallow sun angles, avoid ORs along the perimeter facing east or west.

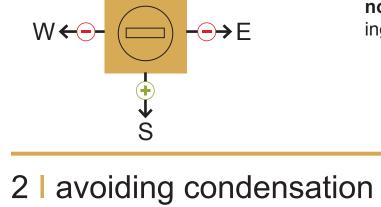
The preferable orientation for ORs with daylight access is north or south. ORs facing south need careful designed shading devices for sun control, such as louvers, shutters or blinds.

very low u-value:

3 I visual privacy

b) use coating or exterior louvers

a) place OR with windows on upper floor



SKB: OR on first floor

exterior louvers

 $2,0 \text{ W/m}^2\text{k}$  $1,0 \text{ W/m}^2\text{k/}$ 1,5 W/m<sup>2</sup>k

0,6 W/m<sup>2</sup>k/ 1,1 W/m<sup>2</sup>k

e.g. triple pane window double pane window: low u-value

ZOM II: double pane window: u-value (1,0 W/m<sup>2</sup>k) aluminum frame: heated aluminum frame (u-value 2,0 W/m<sup>2</sup>k) (u-value 1,5 W/m<sup>2</sup>k) compact wall heating compact floor heating along the facade (1m deep)

ZOM II: OR on first floor

interior coating

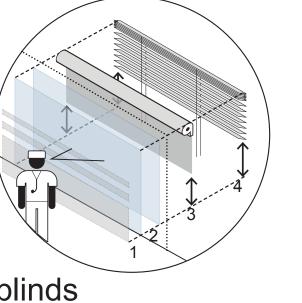
Ulm: triple pane window: u-value (0,6 W/m<sup>2</sup>k) aluminum frame: u-value (1,1 W/m<sup>2</sup>k)

exterior coating

daytime)

(OR mainly used during

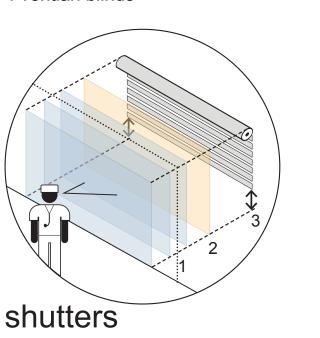
## louvers 1 double pane window 2 blackout blinds 3 fixed horizontal louvers (shading visual privacy)

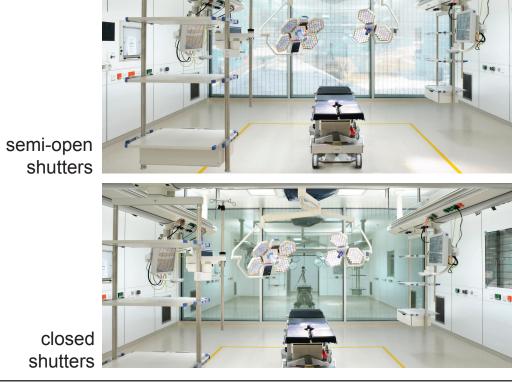






blinds 1 interior coating (for visual privacy) 2 double pane window 3 blackout blinds 4 ventian blinds



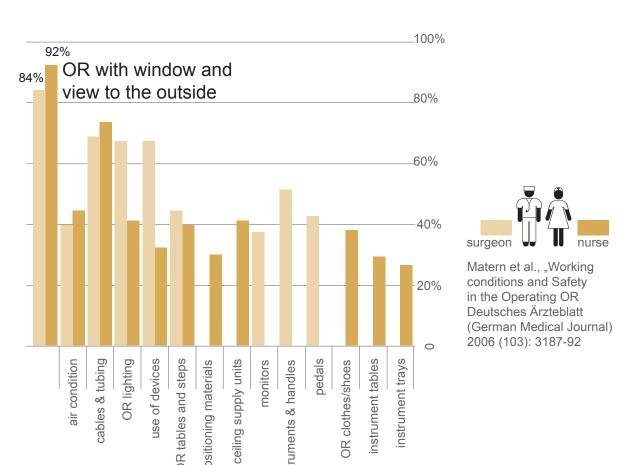


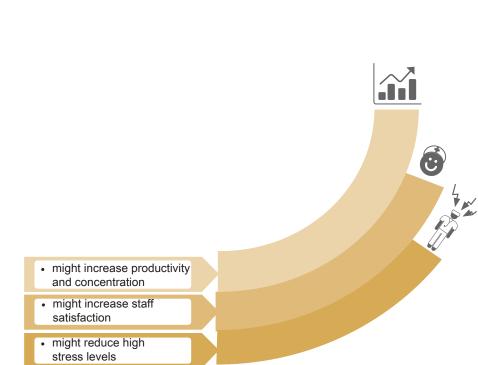
1 triple pane window 2 exterior metallic coating (for visual privacy during the day) 3 rolling shutters

Architect: Michael W. Folonis Architects

photo credits: : http://www.folonisarchitects.com/ucla-1/

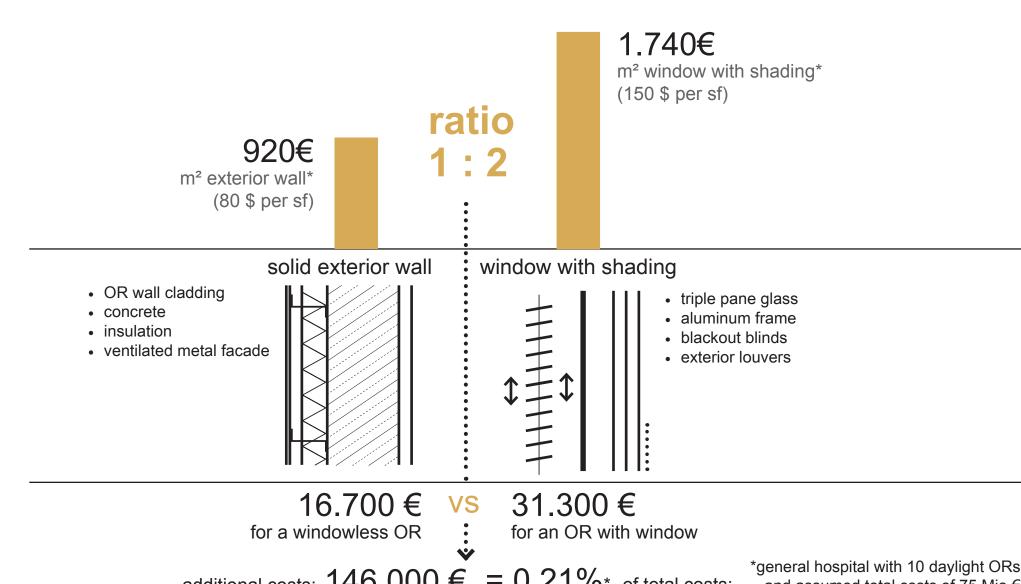
OR areas where ergonomic improvements are urgently desired:





economic benefits:

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additional costs:  $146.000 \in -0.21\%$  of total costs: and assumed total costs of 75 Mio €