HUMANISING HEATHCARE: ART POETRY & CULTURE

Artists, poets and curators in hospitals; only a distraction?

Sue Ridge – Artist John Davies – Poet

Looking three different Hospital commissions which have included collaborative works with poet John Davies AKA *Shedman*.

- 1. From the Outside- Navigating the Hospital at Eastbourne and Hastings Hospitals, East Sussex.
- 2. **Our Storeys** a socially engaged Poetry Project at North Middlesex University Hospital located in Edmonton, North London.
- 3. **Guy's & St Thomas' Charity** new offices and the new Bermondsey (incorporating Dermatology, Phototherapy and Allergies) Centre at Guy's Hospital, London

FROM THE OUTSIDE IN Navigating the hospital

A project looking at your responses to issues of navigation, focusing on arrival, waiting and departure.



Patients, staff or visitors
Come and talk to us about your journey through the hospital.
You'll find us at our temporary base - the SHED situated near the main entrance

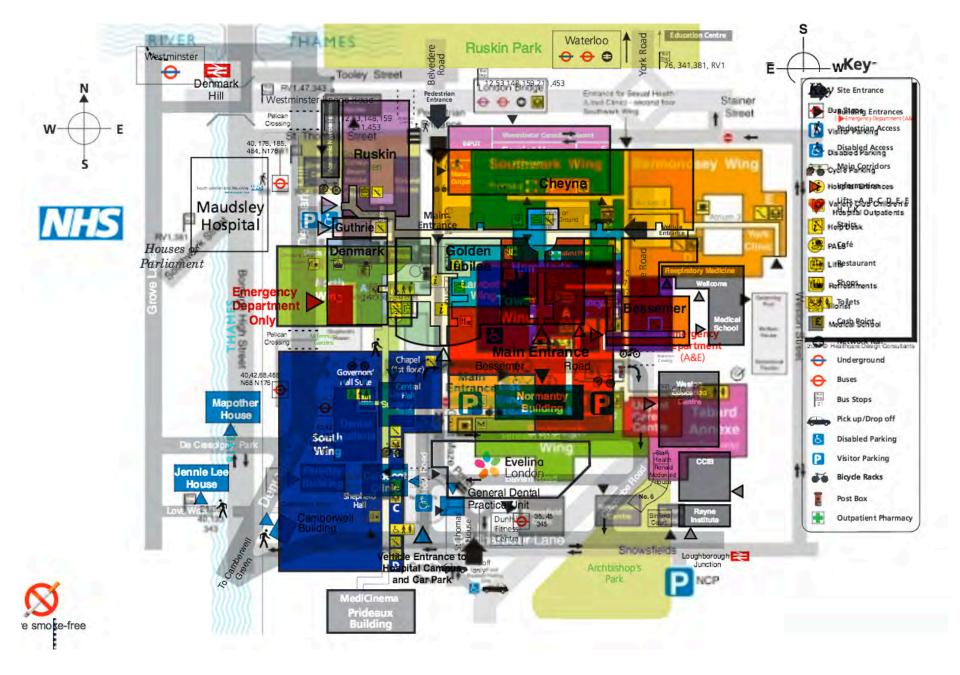
With artist Sue Ridge + poet John Davies (aka Shedman)





From the Outside In 2005

Eastbourne University Hospital and Hastings Conquest Hospital.



This image can sometimes sum up how you feel on entering a hospital for the first time.







Eastbourne Hospital







Conquest Hospital Hastings

FROM THE OUTSIDE IN - NAVIGATING THE HOSPITAL

A collaborative project by the artist Sue Ridge and the poet John Davies (Shedman) commissioned by Arts in Healthcare - East Sussex Hospitals NHS Trust, We're looking at the responses of patients and staff to issues of navigation, focussed on arrival, waiting and departure.

STAFF, PATIENT & VISITOR QUESTIONNAIRE

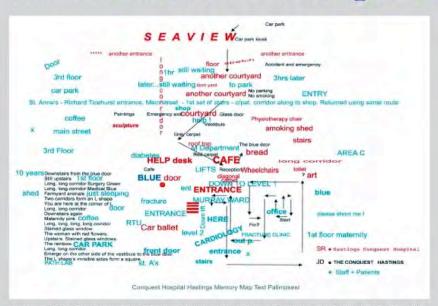
How are you today?	
Where do you live?	
What colour are you following?	
How far have you travelled to get to the hospital?	
How long did the journey take?	
How did you travel (eg. By bus)	
If you came by car, how long did you wait in the car park?	
Which department are you visiting?	
Do you know where you are going?	
Which signs have you noticed so far?	
How many signs can you take in?	
How many maps of the hospital have you seen?	
How did they help you?	
In which waiting area have you spent the most time on any visit?	
What colour was the waiting area where you spent most time?	
What shape is the hospital in your mind's eye?	
Which feelings sum up your trip to the hospital?	

please turn over......

Questionnaire

Please draw a lin	ne to link up the emoti	ions you felt on your visit h	ere today
14	angry happy	anxious in contro	l lost
cro	oss bored	sad confident	distracted
dis	appointed out o	f control delighted	doubting
	cheerful fearful	fulfilled grumpy	calm
add your own wo	ords here if you wish!	fi de la companya de	
Please draw a m below	emory map of your jo	urney through the hospital	today in the space
		entrance	

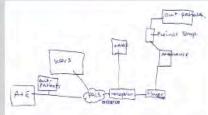
.....we asked patients, visitors and staff



From our first impressions we created our own composite map of each hospital. Then we asked people - staff, patients, visitors, carers - to create their own maps. How far had they come today? Where were they going?

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How are you today?	to to kee		
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Which signs have you	loas		
noticed so far?	NONG		
	9 m needs than, in High +849.		
How many signs can you take in?	a for when 9 in tooking		
	4075		
	nd mound		
	2 - 5 2 plan assigne signs are book.		
What colour was the waiting area where you spent most time?	blac	BLUE	
	Light Heave	MEGNIPHE.	
	Yester	beige?	
	'T' Shaped.	Rows ?	
What shape is the hospital in your mind's eye?	H shope	5 quines	
	who a E		
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d your own comments here	if you wish		
svergence is very helpful.			
Confused Shows take	1 trek		
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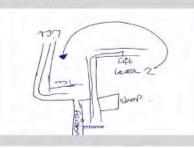
DATIENT AND VISITOR OFFICENDANAIRE

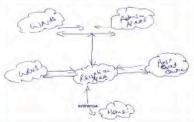






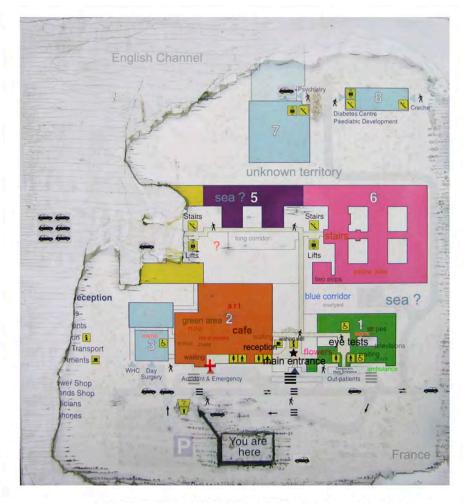
How long had they spent in the car park or on a bus? We asked lots of questions. They drew lots of maps....



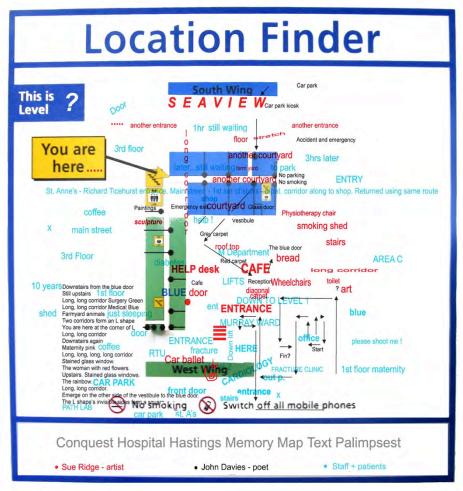




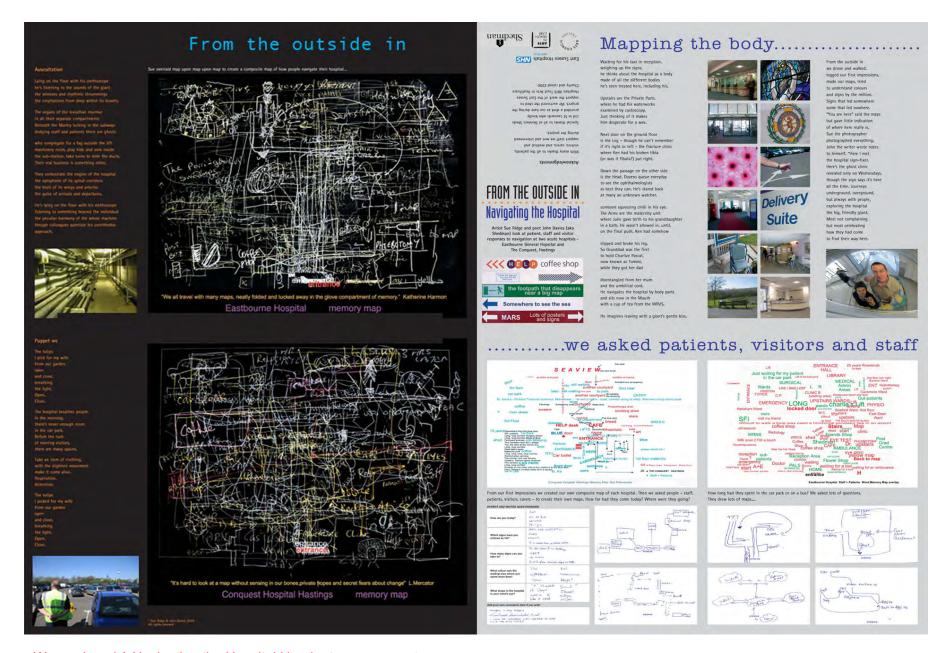




Eastbourne General Hospital composite map Sue Ridge



Created new maps about our experiences and research from the existing ubiquitous NHS maps, On the left the exterior Eastbourne map which had aged and eroded with time as had the hospital.



We produced A Navigating the Hospital Handout which was a folded map - in response to the answers given on the questionnaires, with photographs, patient drawings and John's poetry inspired by his conversations and observations. The maps became overlaid palimpsests of everyone's drawings.

Mapping the body







Waiting for his taxi in reception

someone squeezing chilli in his eye.
The Arms are the maternity unit
where Julie gave birth to his granddaughter
in a bath. He wasn't allowed in, until,
on the final push, Ken had somehow









weighing up the signs he thinks about the hospital as a body made of all the different bodies he's seen treated here, including his.









Upstairs are the Private Parts where he had his waterworks examined by cystoscopy. Just thinking of it makes him desperate for a wee.

disentangled from her mum and the umbilical cord.

















Next door on the ground floor is the Leg – though he can't remember if it's right or left – the fracture clinic where Ken had his broken tibia (or was it fibula?) put right.

He navigates the hospital by body parts and sits now in the *Mouth* with a cup of tea from the WRVS.









Down the passage on the other side is the *Head*. Dozens queue everyday to see the ophthalmologists as best they can. He's stared back at many an unknown watcher,

He imagines leaving with a giant's gentle kiss.

Mapping the body

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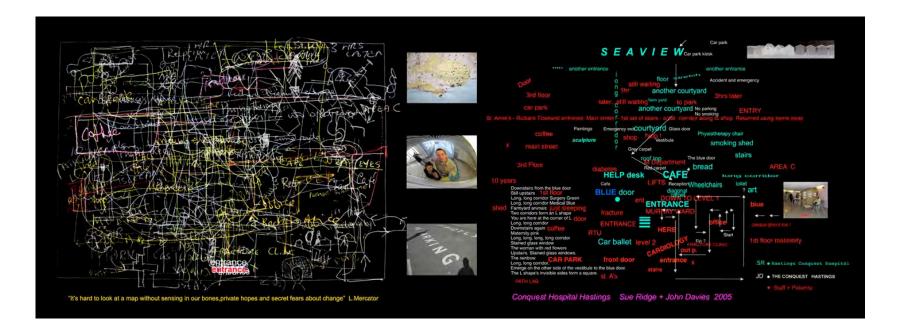
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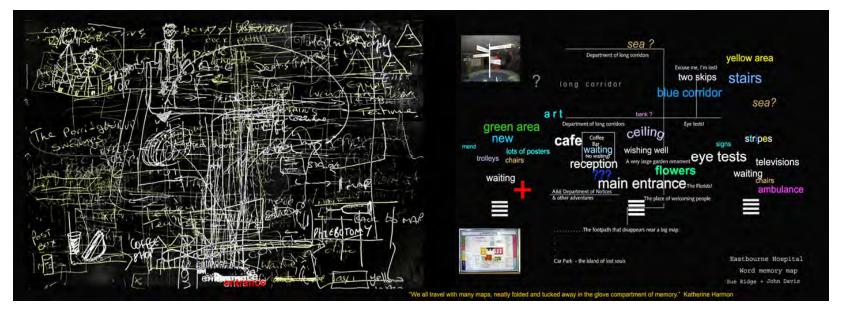
slipped and broke his leg. So Granddad was the first to hold *Charlize Pascal* now known as *Tommi*, while they got her dad

disentangled from her mum and the umbilical cord. He navigates the hospital by body parts and sits now in the *Mouth* with a cup of tea from the WRVS.

He imagines leaving with a giant's gentle kiss.

John Davies





Our exhibition included 2 temporary light boxes about each hospital

North Middlesex University Hospital













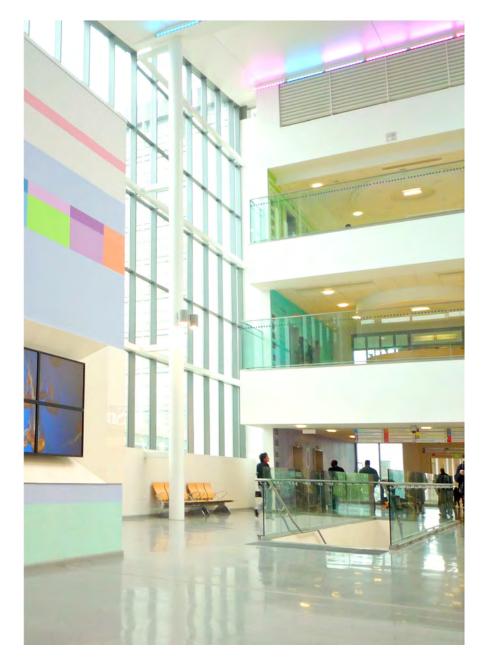






View from Main Entrance to ward media wall and Lift Lobby





The Media wall is linked to the Lift Lobby which became the site for **Our Storeys**



Visual artist Sue Ridge and writer and poet John Davies (aka Shedman) invite you to help create a major artwork for the Main Atrium at the new North Middlesex University Hospital.



· Flyer poster hand out created for the project

Shedman will be setting up his shed near The Spice of Life Restaurant on June 29th and you can drop in for free one-to-one creative writing workshops from 10am-2pm on June 30th and July 14th, 17th, 27th and 30th. There will also be free creative workshops around the hospital neighbourhood in Enfield and Edmonton. Find out more at www.ourstoreys.net

The whole purpose of the project is to let you express your feelings about the hospital. Its role at the heart of the community its significance as a setting for major life events or as a place of employment. Its day to day work of healing and care. Its rebirth as the new building.

The words and pictures will be brought together in big artworks you'll have helped create to decorate the internal walls of the new hospital seen from the Main Reception area.

The writing's on the wall - or soon will be! You'll be right at the heart of the new hospital.

To find out more, check out the website www.ourstoreys.net It's your hospital. And your artwork!

Produced by First Aid Art in association with Shedman Sue & Shedman will also be running workshops for staff, patients and

visitors and for contractors' staff employed on building the new





Local schools, community groups, youth clubs, homes and specialist organisations. Get in touch on info@ourstoreys.net

Don't miss out on the opportunity Come and see us at the Shed to get involved and make your contribution to this exciting and unusual project. What does the hospital mean to you? Go on - express yourself!



















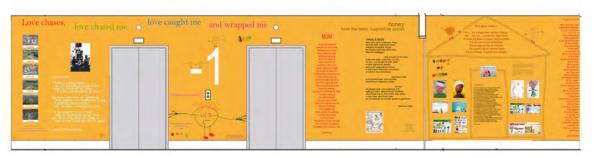
John set up the shed next to the temporary restaurant, this became the hub of the social engagement project and made us visible













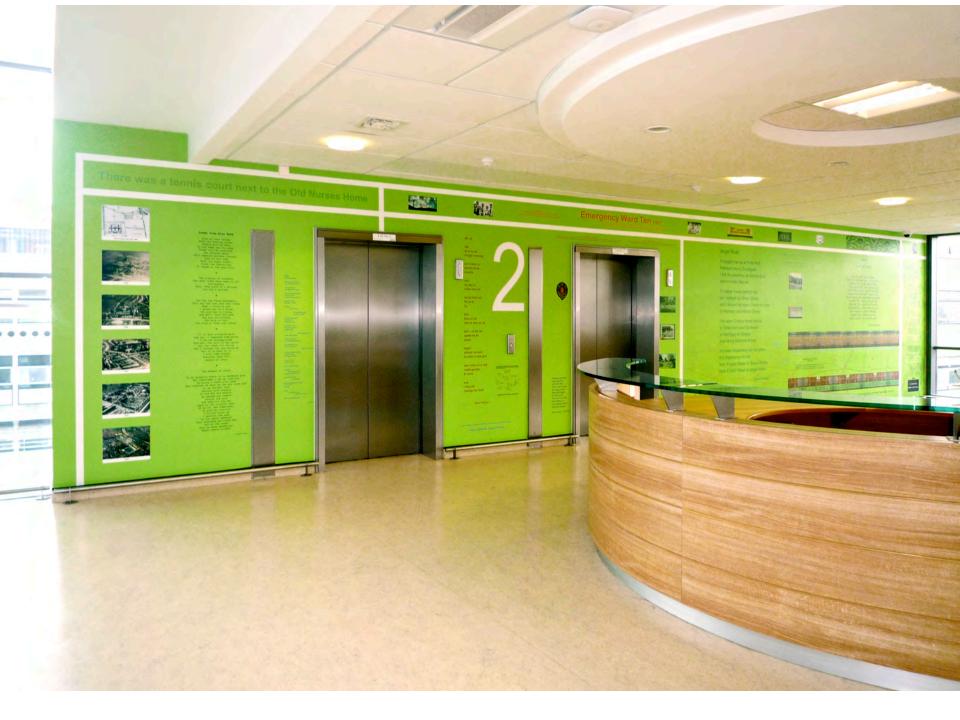








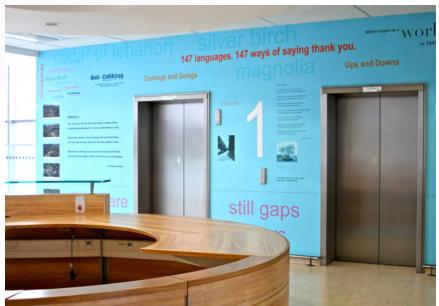


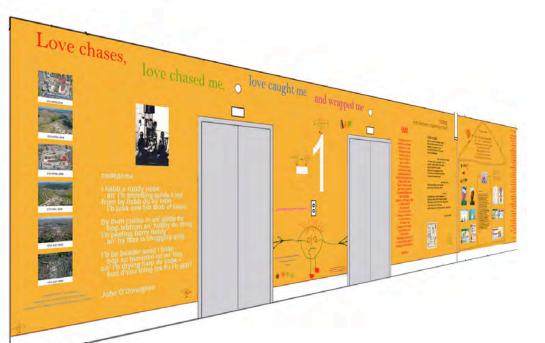




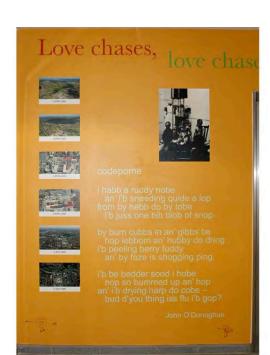


















The Ground Floor Main entrance which features staff portraits

guardian.co.uk

Michael Rosen salutes the NHS at 60





The NHS. Illustration (detail): Axel Scheffler

This poem was written to celebrate the 60th anniversary of the $\underline{\rm NHS}$, and is printed exclusively here.

These are the hands

These are the hands That touch us first Feel your head Find the pulse And make your bed.

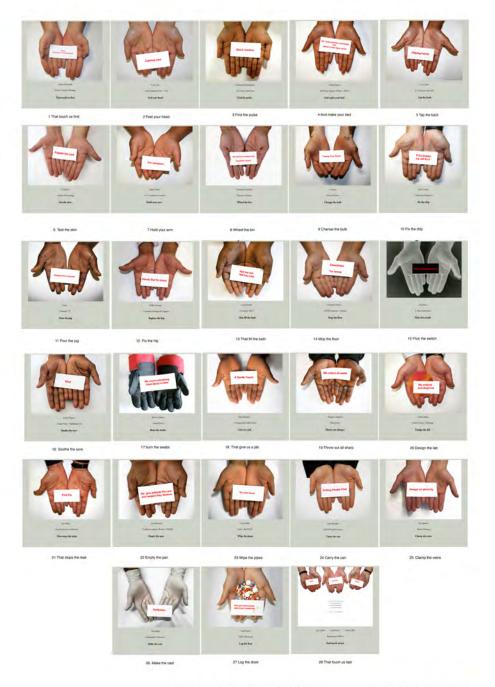
These are the hands That tap your back Test the skin Hold your arm Wheel the bin Change the bulb Fix the drip Pour the jug

These are the hands That fill the bath Mop the floor Flick the switch Soothe the sore Burn the swabs Give us a jab Throw out sharps

Design the lab.

Replace your hip.

And these are the hands That stop the leaks Empty the pan Wipe the pipes Carry the can Clamp the veins Make the cast Log the dose And touch us last.



These are the Hands portraits

On the Ground Floor elevation, 30 images of hands are proposed including the artist and the poet.

The Hands sequence is based on the poem by Michael Rosen which was donated to the NHS for open access.

Each line of the poem relates to a member of NMUH staff. I am photographing the relevant members of staff with open hands (listed below) each person gives me a few words summarizing their job at the hospital.

Sue Ridge

These are the Hands poem by Michael Rosen - Staff Portraits These are the hands 1. That touch us first - Danny Horsewell - Patient Transport Manager - 'Busy especially on Wednesdays' 2. Feel your head + A+E Tracy Lee 3. Find the pulse- A+E Becky Matschakate 4. And make your bed. - Health Care Assistant - Ivor Lewis - Surgical Ward (Old 5. That tap your back- A+E Senior House 6. Test the skin- Dermatology (Outpatients)- poss Dr Mann 7. Hold your arm - A+E Healthcare assistant 8. Wheel the bin - MITIE Waste Porter 9. Change the bulb - Estates - Leo Ayre - Head of Estates - 'Twenty Four Seven' 10. Fix the drip - Peter Crump - Mechanical Supervisor - Estates If it's broken we'll fix it ' 11. Pour the jug - Teresa - Domestic - T5 -' Respect for everyone' 12. Replace your hip. - Dr. Ravi Coomer - Fracture Clinic These are the hands 13. That fill the bath - Domestic - any Ward 14. Mop the floor Nazmiye Hoskins - MITIE Supervisor - Pymmes 'Cleanliness' - Ter termiz



These are the hands of the artist

15. F	lick the switch - James Parker X- Ray - ' Out of the Darkness'
16. S	oothe the sore- Staff Nurse Ward -
17. B	ourn the swabs - MITIE Waste Porter
18. 0	ive us a jab – Occupational Health
19. T	hrow out sharps- MITIE - Porter
20. 1	Design the lab. Head of Pathology - Geoff Benge
21.7	hat stop the leaks - Roy Kirley - Special Services Technician - Estate ' First Fix '
22. E	mpty the pan - Health Care Assistant - Ward
23.W	ipe the pipes - Chris Slaffer - Sister- Renal Unit 'We clean Blood'
24. 0	arry the can- Clare Pannicker - NMUH chief Executive
25. C	clamp the veins – Theatre – Surgical Block – Kim Brown Unit Manager
26. N	take the cast – Fracture Clinic – Valerie Johnson
27. L	og the dose – Pharmacy – Sarla Drayton – Head of Pharmacy
	and touch us last. Mortuary –Sam Collins, Susan Evans, Kathy Mills – avement Officers <i>Dignity ? Empathy</i>
'He k	nows not where he is going
For t	he ocean will decide
It's n	tot the DESTINATION
It's t	he glory of the ride.' Zen Dog Edward Monkton



Domestic AMU

That fill the bath

13 That fill the bath



Jim Parker

X- Ray Department

Flick the switch

15 Flick the switch



Burn the swabs

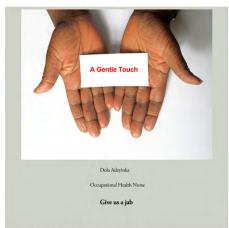
17 burn the swabs



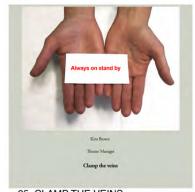
14 Mop the floor



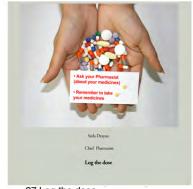
16. Soothe the sore



18. That give us a jab



25. CLAMP THE VEINS,



27 Log the dose



26. Make the cast

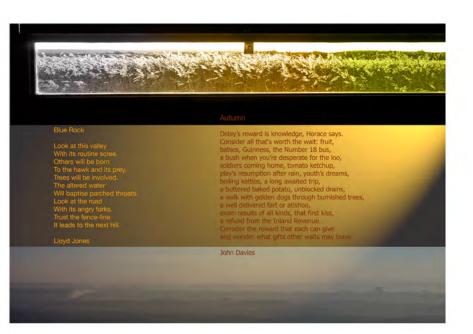


28 That touch us last-

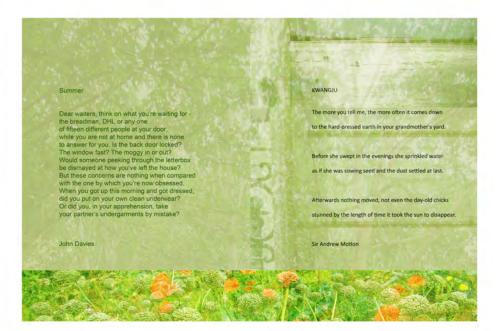




poems for various Waiting areas









The images were Inspired by Vivaldi's Four Seasons music which is often played in situations of waiting... Please hold we are trying to connect you.

Heartwood

Of all the trees that once grew here many now have disappeared, lost to storm or excavator - sacrificed to the good that's greater.

The Long Walk, with its avenue of shimmering poplars, lost from view. Orchard trees once blossomed near buildings that have disappeared.

Once convenient for dogs the ancient cedar's now in logs. Silver birch, sycamore, willow and cherry are no more.

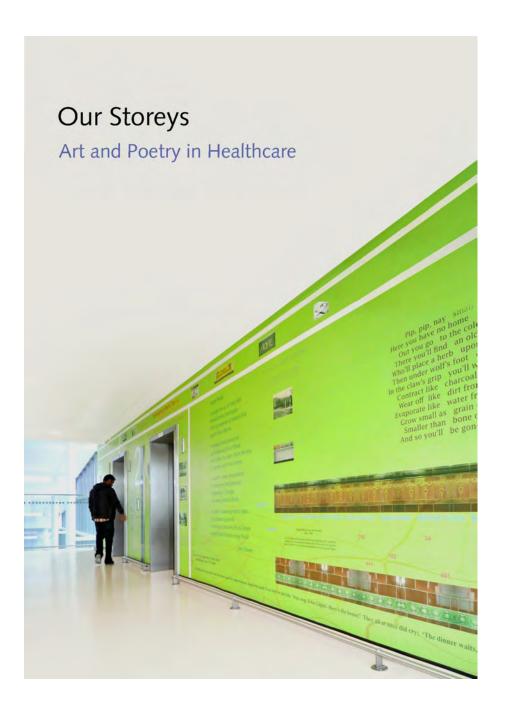
Twigs and heartwood, crown and bole chipped away down time's black hole. Many were touched by the surgeon's art, but still some limbs please the heart:

the Bull Lane entrance maples thrive and bark 'It's good to be alive'. The magnolia's beauty on a summer's day stops the traffic on Sterling Way.

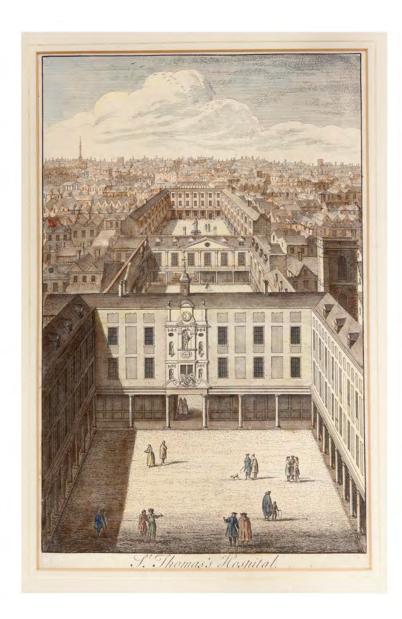
See the hospital as a tree its roots deep in the community each life sheltered by its canopy.

Its trunk the strength of state goodwill, its branches of connected skill reaching out to cure the ill.

Coming and going through it all the multitudes of different people - the heartwood of the hospital.



The book about the project sponsored by Bouygues UK
Written by John Davies and Sue Ridge is available from – www.shedman.net



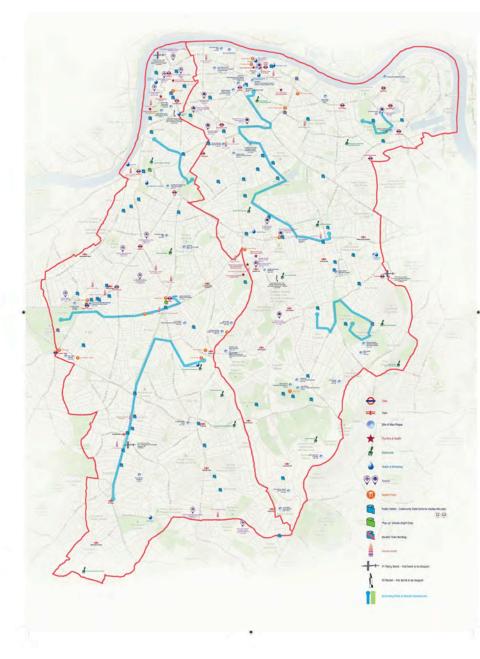


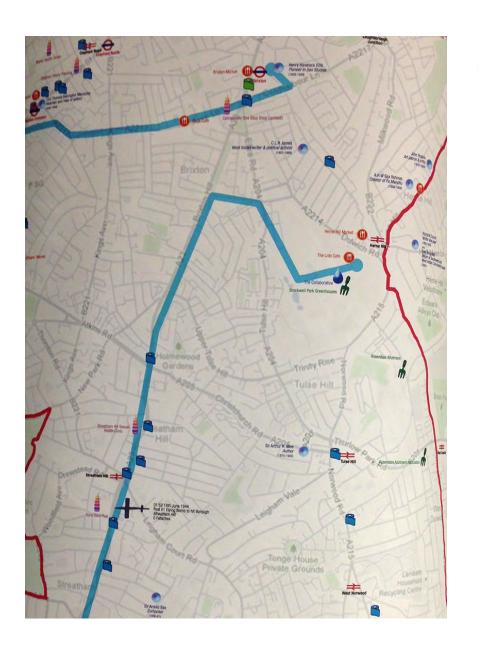




Interpretation panels by University of the Arts, London and Chelsea Camberwell Wimbledon students, 2013

Healthy Lambeth and Southwark





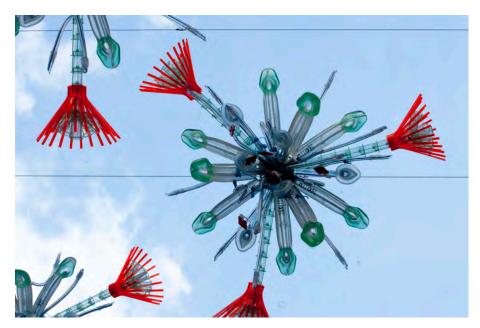


People and Sites of Historical Interest - Jacqueline Jackson



Map detail Illustrations

Healthy Cafés South London



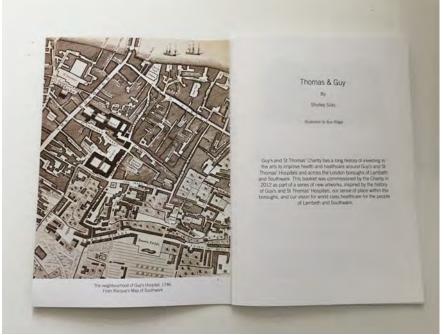


Hsiao-Chi Tsai and Kimiya Yoshikawa – sculpture from hospital plastic waste









A short story about Guy's and St Thomas' Hospitals - Shelley Silas, Illustrated by Sue Ridge







Old Operating Theatre Museum and Herb Garret











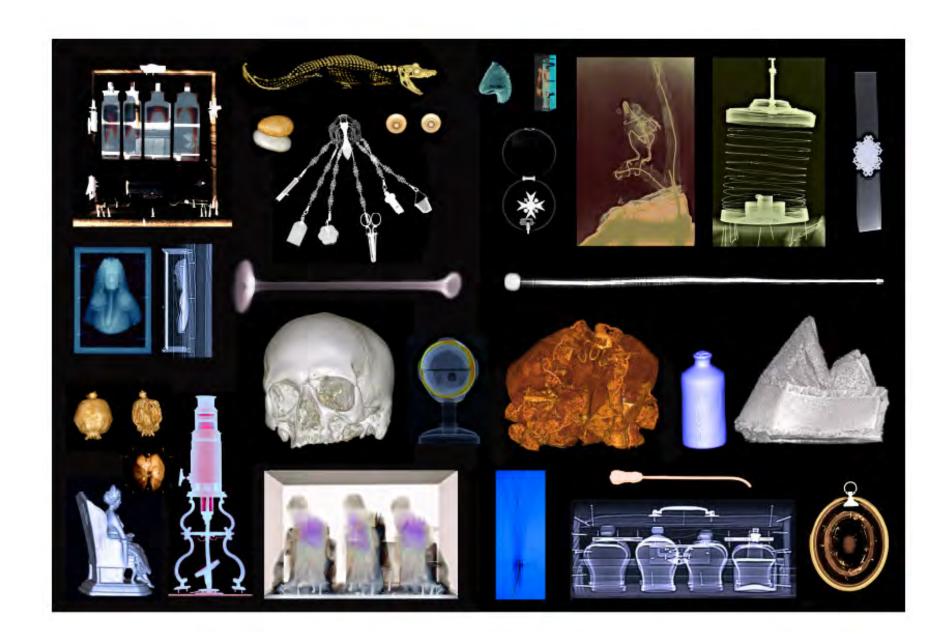
Florence Nightingale Museum



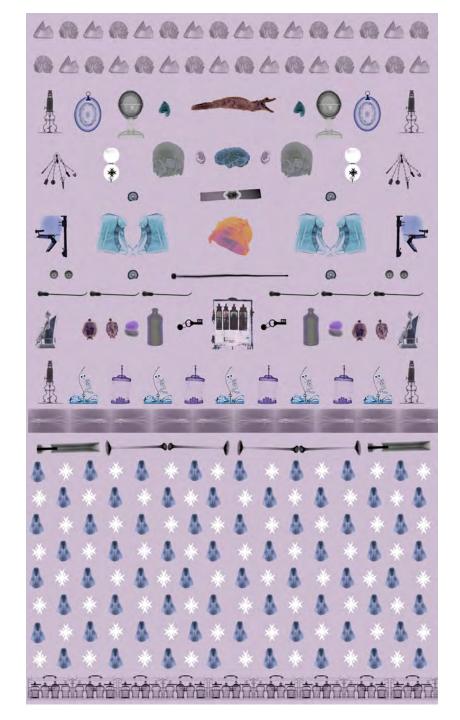




The Gordon Museum



Wunderkammer Light box





Digital Wallpaper from the x-ray and MRI scans The dado rail line is an x-ray of Keats quills The skirting line is a row of glass leech jars from The Old Operating Theatre Museum



MY ART For the new GRIIDA Department at Guy's Hospital

Do you know that we are currently building a new department for your services?

Are you interested in art?

Do come and see Sue Ridge, our art consultant who is keen to talk to you about our art proposals and find out what you think.

Sue will be here on Monday 28th July at the following times and locations;



Time	Venue
9.30 - 10.15	
10,30 - 11,15	
11.30 - 12.15	
Lunch break	
1.30 - 2.15	
2.30 - 3.15	
3.30 - 4.15	









As a development from the Charity commission I was asked to be Artist / Curator for the new Bermondsey Centre (incorporating Dermatology, Phototherapy and Allergies) at Guy's Hospital . I worked with the design team, patients and staff to deliver an integrated arts proposal for the scheme













3 screen prints by Alistair Grant

Artworks from the GST Charity collection



I cannot see what flowers are at my feet. Nor what soft incenses hangs upon the boughs, But, in embalmed darkness, guess each sweet Wherewith the seasonable month endows The grass, the thicket, and the fruit-free wid; White hawthorn, and the pastoral egilantine; Fast fading violets covered up in harves; And mid Mary seldest child, The coming must-rose, full of devy wine, the murmurous haunt of files on summer eves.

xtract from Ode to a Nightingale by John Keat

Cardboard slippers to be framed in perspex box





Terry Frost



print by Elizabeth Frink of a seaguil over blue sea



etching and aquatint by Elizabeth Frink titled Marsh Harrier, of a bird flying over green grass; 1974

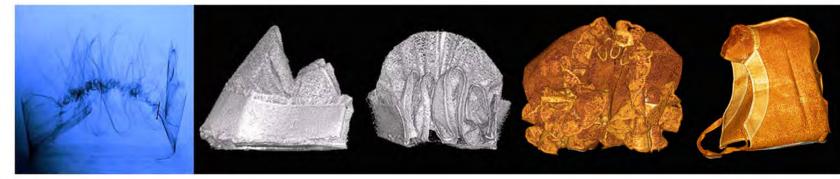


b/w print of a drawing titled Guy's Hospital, by R. West 1738 (?), with figures in foreground and title drawn in scroll

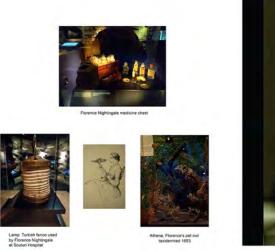


b/w engraving titled Guy's Hospital for Incurables, showing the main building and other views, interiors; printed and sold by John Bowles





Nurse's Hats







Nurse's Chaterlaine
Old Operating Theatre and Herb Garret Museum

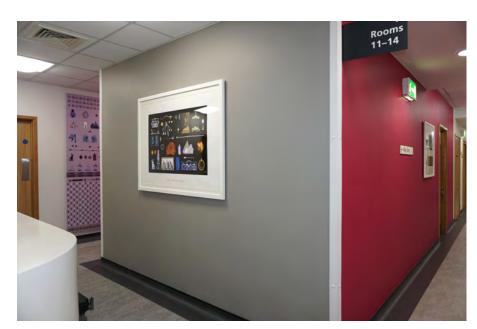




Facsimile model of stethoscope Guy's mini museum

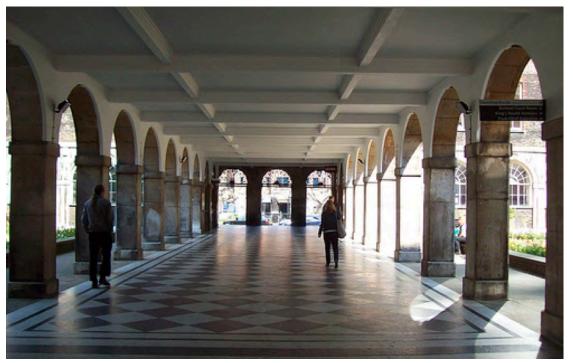






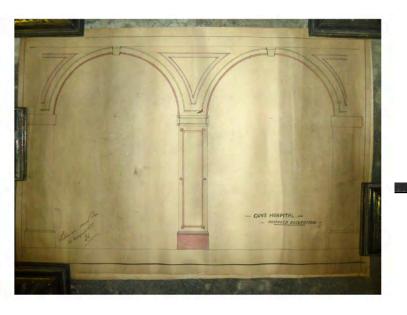


Re-printed work from the initial Charity commission





This old drawing of the Guy's Colonnade found by the curator of the Collection locked up in an old safe , It was filthy and delicate but Inspired me to digitally re-create the Colonnade in the **main corridor** of Dermatology

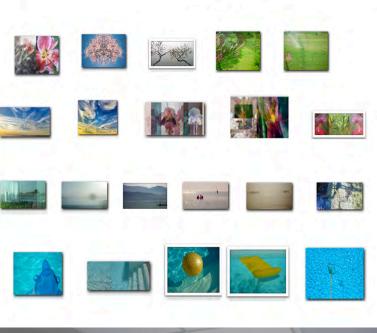




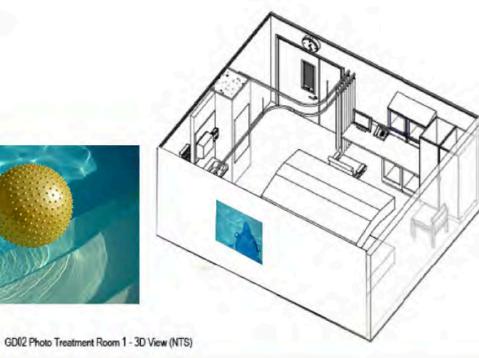


Colonnade Drawing for the main corridor 7.8 m x 2.8 m





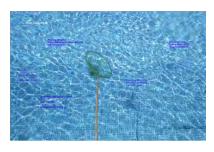








Treatment Rooms - images to be polycarbonate panels photo images mounted to the reverse side





Haiku like you!

Working in a healthcare environment provides endless challenge as well as a fund of wonderful stories. One way of handling the challenge is to put feelings and experience into words to bring a degree of control, perspective and release.

But when can you write?

One of the biggest challenges for health carers is shortage of that most valuable resource – time. So we've put together a solution!

A short workshop on short poems for people short on time

Working with poet John Davies (aka Shedman) and resident artist Sue Ridge, we'll focus on that most versatile of short poems – the Haiku, invented like lots of brilliant small things in Japan.

As a general rule haiku poems have three lines – five, seven, five syllables.

If you have time ;-) you can find out lots more online!

For our workshop we'll have a Haiku Toolkit – questions to answer, or words and ideas you can use to help you write.

To get you thinking here's one of the most famous haiku every written, $\it Old\ Pond$ by Matsuo Basho (1644-94):

old pond . . . a frog leaps in water's sound

Have a go at haiku!

Wednesday May 6th – 4 - 6.30 pm Location : Atrium 3, the new Bermondsey Wing reception/waiting area.

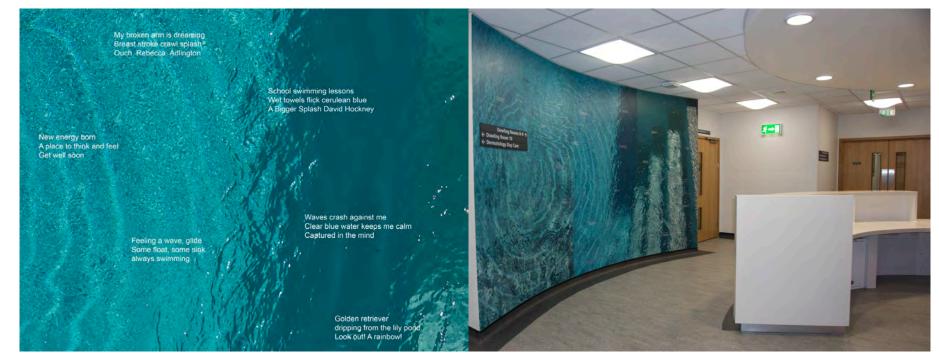
The only problem with haiku is that you just get started and then

only seventeen syllables later you want to write another.

Asked John to organise a Haiku workshop to enable staff inclusion in the Phototherapy Department reception wall artwork



Haikus inspired by water







WILLIAM GOWERS and the MORRIS FAMILY



William Morris:

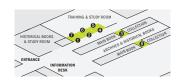
'Science - we have loved her well, and followed her diligently, what will she do? I feel she is so much in the pay of the counting house...'



A Morris Woman:
I am doubled, thought Jenny.
I stand divided. On one side there's
me, an embroidered mind, on the
other is Doctor Q. Should I destroy
him - or myself?

Jenny Morris, from the forthcoming novel: Embroidered Minds of the Morris Women EMBROIDERED MINDS is a collaboration to investigate a 'conspiracy of silence' about epilepsy in the family of designer, poet and social reformer William Morris. A conspiracy still relevant today. Our investigation includes a 4-part novel, each part linked to site-specific exhibitions. While informed by biographical material, the project is not about what *did* happen, but what *might* have.

Here in the archives we interweave work by the collaborators with art and ideas from celebrated neurologist William Gowers - hinting at mysterious connections between the Morrises and other renowned figures of the 19th-century artistic and scientific worlds.



The Collaborators: Authors of the novel 'Embroidered Minds of the Morris Women': Leslie Forbes (a patient at the NHNN) with Jan Marsh. Artists: Caroline Isgar, Sue Ridge, Julia Dwyer, Andrew Thomas. Academic & medical contributions from Professor Marjorie Lorch and Dr. Renata Whurr.

The einhölden has been careful by the Entrovidental Minds Calibborates.
With thanks to these individuals and organizations for their support.
Queen Square Archives Committee, UCL Institute of Neurology, & The National Hospitals for Neurology & Neurosurgery (UC
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EMBROIDERED MINES



But there is a region in which we

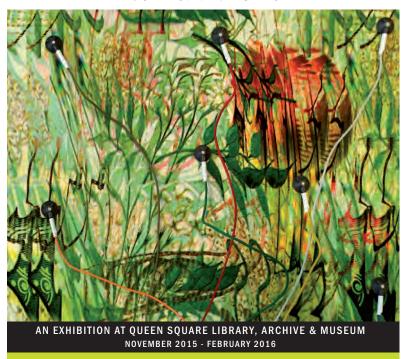
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light can pass, but whence all observed phenomena proceed.

EMBROIDERED MINDS

WILLIAM GOWERS and the MORRIS FAMILY



Part One of a gothic tale in which renowned figures of the 19th-century artistic and scientific worlds conspire to hide a tragic secret

This is what I am currently working on a collaborative project about William Morris and Epilepsy and the Conspiracy of Silence surrounding the issue. This is from an exhibition at the Neurological Hospital in Queen Square, London. As it's an artist led project.