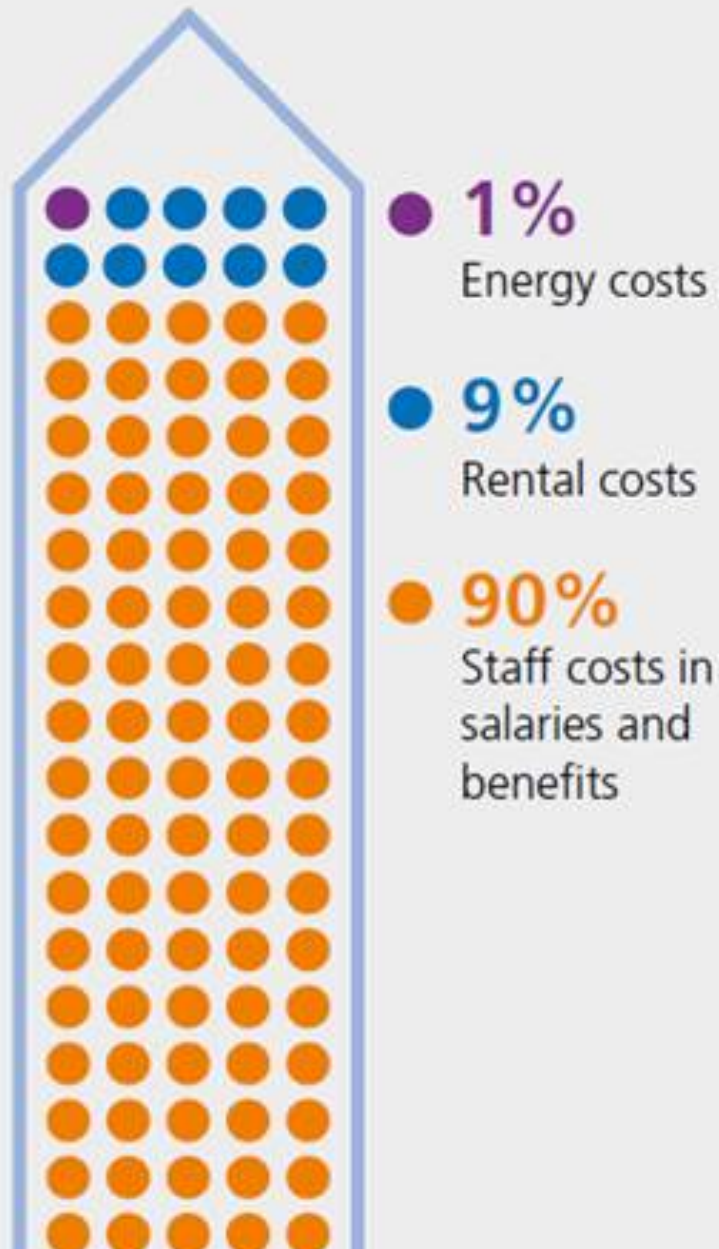




willisnewsom

**ART BREATHES SOUL INTO A HOSPITAL
BUILDING:**

**CELEBRATING CREATIVITY AND WELLBEING
AT SOUTHMEAD HOSPITAL BRISTOL**



80% of the cost of operating a building lies in staff costs, so it makes sense to pay as much attention to supporting the process of change and to developing a culture of care, as it does to creating the best possible *environment* for care.







GREY WALTER Department
of
Clinical Neurophysiology

10

WARD
17

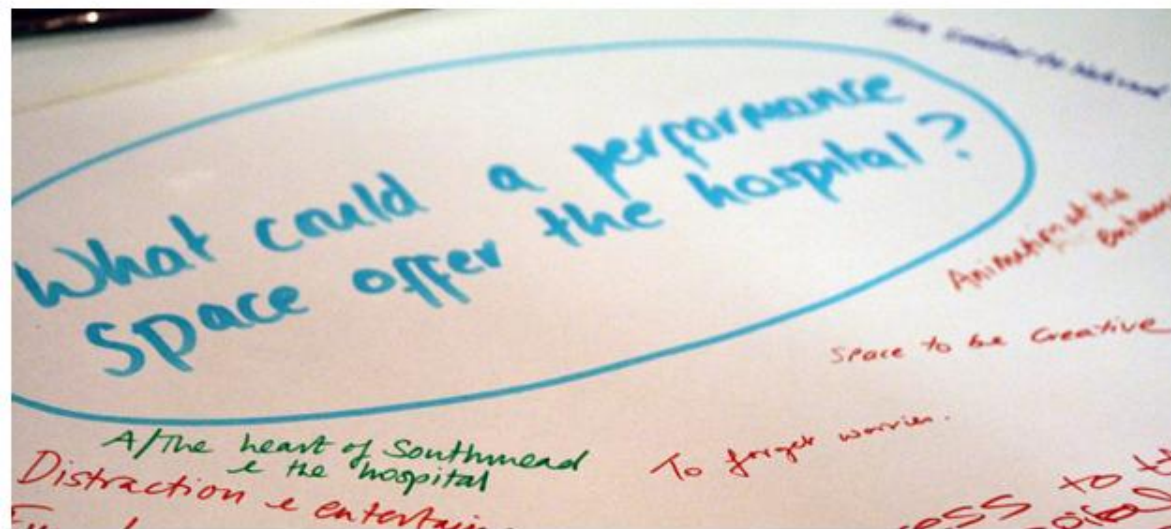
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Welcome





MOVE

MOVE



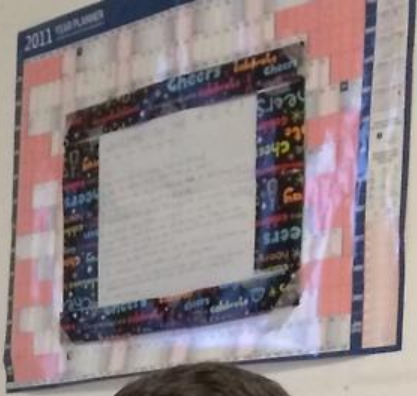












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PBV 16

SEV

Move
Ask Me





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Quality

- 8 Sampled Elements
- 8 Approvals
- 100% Internal Review
- Handing Over

New Hospital

- Updated from meeting
- Building phase
- Collection

Other

- Subgrouping
- Area updates - notes/updates
- 80%

FERRO











tomato
prize during
your break





The Wellbeing Tombola

THE WELLBEING TUMBOLA
DO YOU KNOW **EMMA & LIGHT**
FROM **SKR**.....?

THEY MADE THIS TUMBOLA PRIZE AND
YOU WERE RANDOMLY SELECTED TO
RECEIVE IT.

CONGRATULATIONS!

THIS GIFT IS PART OF THE ACTIVITIES AT
SOUTHMEAD HOSPITAL'S FRESH ARTS
FESTIVAL, WHICH'S HAPPENING RIGHT
NOW.

THIS IS AN EXPLORATION OF
ACTIONS WE CAN TAKE
OUR OWN WELLBEING
CHOOSING TO GIVE
OF KINDNESS WITH
HANDMADE GIFTS



KNIT
WITH
ME....









“Just wanted to say that I love the Knitted Bus Stop.... It was a real topic of conversation amongst the staff coming off night duty this morning, a great splash of colour. I came into the building with a big smile on my face.”



“The words of wisdom machine is brilliant - dispensing some much needed comforting words when required. Please keep it up - makes the hospital a much nicer environment”

A wooden bench with a yellow knitted cover on the backrest. The cover has the text "ANYTHING IS POSSIBLE" written in pink. The bench is set against a dark stone wall.

ANYTHING IS POSSIBLE

LOVE SAVES THE DAY



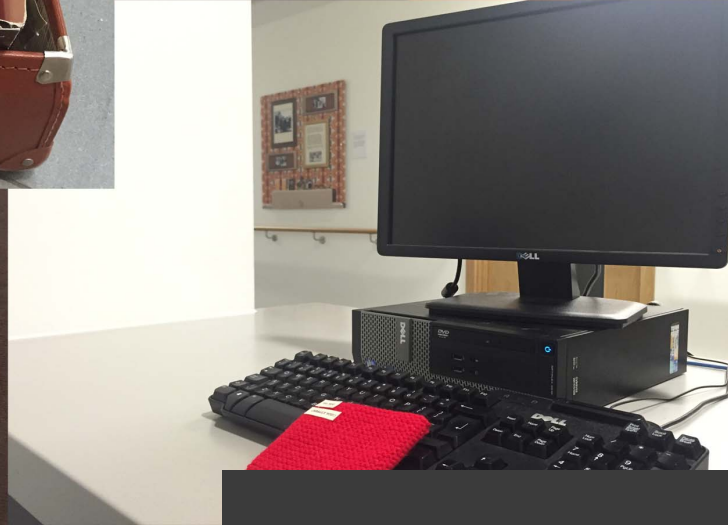


KNIT WITH ME





" VALUE YOURSELF "





" KEEP GOING "

"It was lovely to be adopted by the knitting group especially as hospital can feel alienating. Art in hospitals is so important in this respect. I consider myself to have had fate smiling on me, as chatting and knitting made me feel less anxious to the extent that I managed a full 30mins deep in the scanner which as a claustrophobe I didn't think I could cope with. I would never have imagined myself to be knitting in hospital! It was heart-warming to find a creative corner in that vast building. Going from a vast public space to the tiny act of knitting and talking to a nice welcoming group of strangers changed my feeling about the whole hospital. Many thanks"



Woman on the left: Light blue NHS uniform, glasses, holding a sandwich and a white napkin. Her name tag is partially visible and reads "NHS" and "KARE".

Woman in the middle: Light blue NHS uniform, glasses, holding a white cup and a sandwich. Her name tag reads "North Bristol NHS Trust" and "REGISTERED NURSE". She is also wearing a watch.

Woman on the right: Dark blue jacket, glasses, holding a sandwich and a white cup. She has keys on a chain around her neck.









RECOMMENDATIONS

- Think creatively when planning how to manage change and transition .
- Recognise what staff are going through and plan small, symbolic acts of kindness that let them know they are valued and cared for.
- Create space for people to express what they are feeling.
- Remember that 80% of the cost of a building lies in its staff, so it makes sense when planning a new hospital to pay as much attention to supporting the process of change and to developing a culture of care, as it does to creating the best possible *environment* for care.



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**FOR FURTHER
INFORMATION**

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